



The National Centre of Excellence
in Youth Mental Health

Young people leading the change

Annual Report 2016





Orygen, The National Centre
of Excellence in Youth Mental Health
Annual Report 2016

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of Excellence in Youth Mental Health 2016

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Locked Bag 10
Parkville VIC 3052
Australia

orygen.org.au

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About Orygen

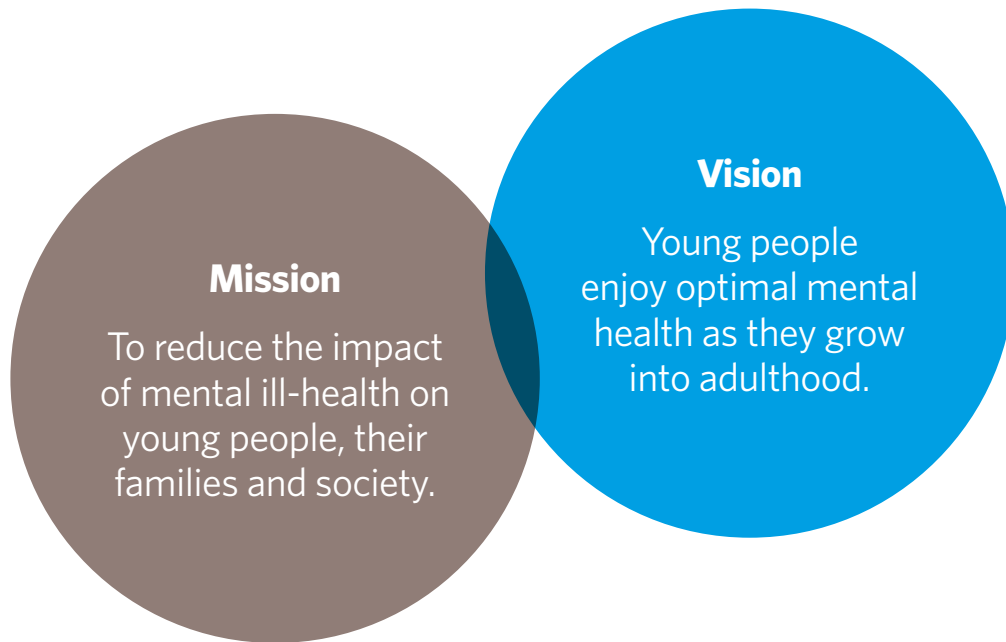
Orygen, The National Centre of Excellence in Youth Mental Health is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people.

At Orygen, our leadership and staff work to deliver cutting-edge research, policy development, innovative clinical services, and evidence-based training and education to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health.

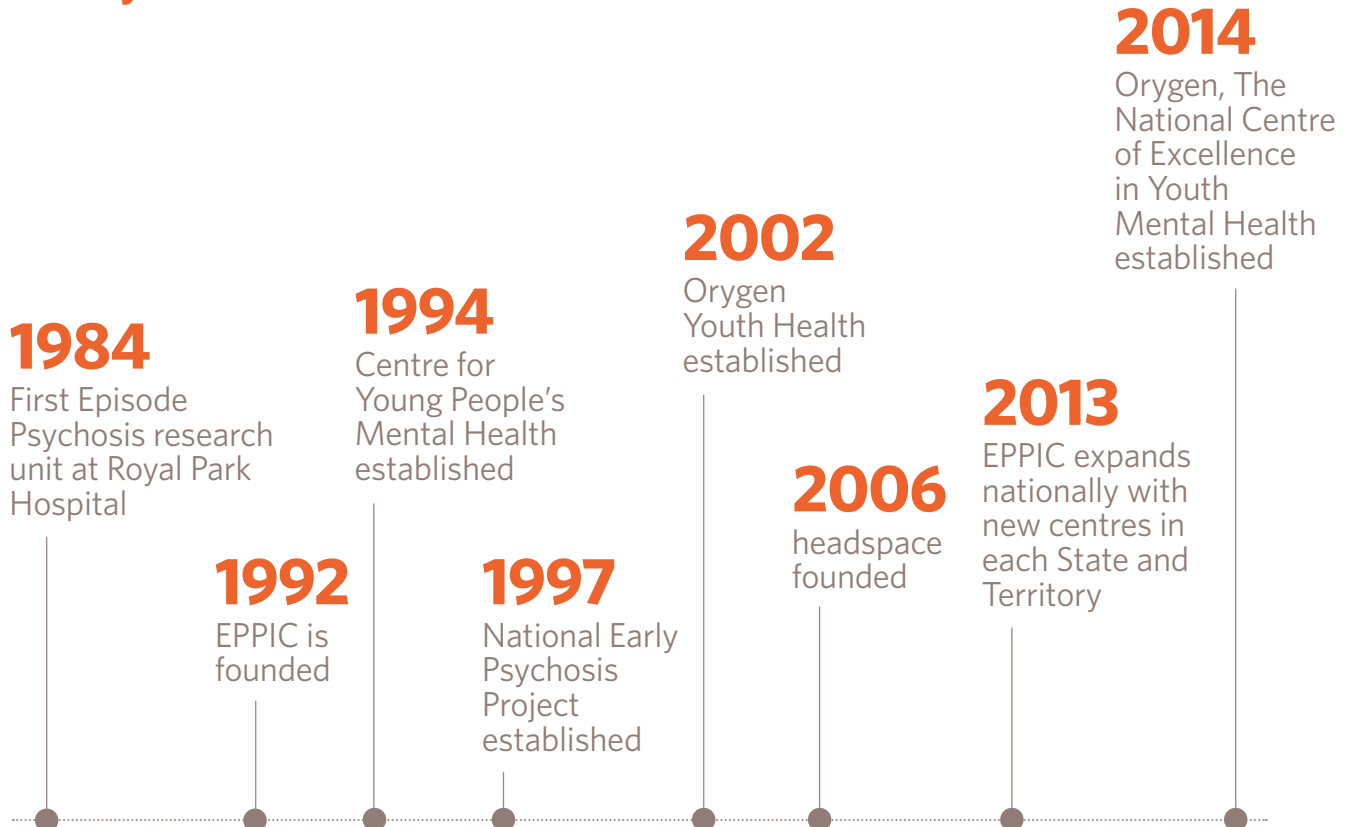
Our work has created a new, more positive approach to the prevention and treatment of mental disorders, and has developed new models of care for young people with emerging disorders. This work has been translated into a worldwide shift in services and treatments to include a primary focus on getting well and staying well, and health care models that include partnership with young people and families.

Orygen recognises that young people come from diverse backgrounds and communities and we are committed to working in partnership with people of all backgrounds and with all communities to develop strategies that are responsive and inclusive.

Orygen acknowledges and recognises Aboriginal and Torres Strait Islander people as the traditional owners and custodians of the land we share and we are committed to working with Aboriginal and Torres Strait Islander people in our endeavours to improve the mental health and wellbeing of young Australians.



History





“As a young person coming through the door I’ve felt incredibly valued. It’s really great to see they’re taking on board what we’re saying and really trying to implement that.

Anthony, Orygen Intern

Chairman's Report

Mr Peter Smedley Chairman

Our second year as The National Centre of Excellence in Youth Mental Health saw both an expansion and consolidation of our key activities to promote better mental health for young people and their families. A particular focus of the previous 12 months has been the implementation of our first organisation-wide Youth Engagement and Participation Strategy, designed to ensure that young people are at the centre of everything we do at Orygen. As an organisation, we recognise that young people are the experts on their lives and their experiences and by partnering with them to improve our research, training and clinical services, we are making sure that everything we do as an organisation is meeting the needs of young people.

Another key achievement of the past year was the implementation of our first Reconciliation Action Plan. As a national organisation, we are working to improve the mental health of young Australians across the country and Aboriginal and Torres Strait Islander young people are a group at significant risk. Our 'Reflect' RAP has helped us to look internally at our culture and practice and we will build on these learnings to help us partner with Aboriginal and Torres Strait Islander-led organisations to improve the mental health and wellbeing of these young Australians.

In 2015-16 we welcomed the commitment from the Victorian Government of \$60 million toward the redevelopment of the Parkville premises providing purpose-built accommodation for Orygen and

components of the Orygen Youth Health Clinical Program. The funding available for the new facilities was increased by generous contributions of \$5 million each by the University of Melbourne and the Colonial Foundation, to reach a total of \$70 million. The planning for the new facility is now well underway as we work to develop an integrated health research centre that will foster innovation across all our areas of work in youth mental health.

Our Research Division was significantly strengthened in the last year with the commencement of several new major research endeavours. Chief among these was our landmark partnership with the National Institute of Mental Health in the United States to conduct a large-scale trial designed to better predict young people at risk of developing serious mental health issues. There were also some outstanding personal accolades for our researchers, including three Orygen researchers becoming the first Australians honoured in the US-based Brain and Behaviour Research Foundation Prizes and the induction of Professor Patrick McGorry AO into the Australian Academy of Science. These honours are fantastic recognition of the world-leading research being conducted at Orygen.

Our clinical sites continued to strengthen and expand their suite of services in 2015-2016 and we have some exciting new projects that are trialling better support for young people in the north and west of Melbourne to gain access to employment and education. As the National Centre,



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We are making sure that everything we do as an organisation is meeting the needs of young people.

we have developed a range of new training and professional development opportunities for the youth mental health workforce, moving more of our offerings online to lower barriers to access.

It is an exciting time to be at Orygen, and as always I would like to thank my fellow Board Members, the Executive Director, Professor Patrick McGorry, the Executive team, Orygen staff, young people and their families for all their dedicated work to create a better future for young people with mental ill-health.

Executive Director's Report

Professor Patrick McGorry AO Executive Director

2015-2016 was another year of great progress for our organisation, which has continually evolved and adapted over the previous 25 years, while always staying committed to our goal of minimising the impact of mental ill-health on young people, their families and friends. One of the most exciting developments over the previous year was the commitment from the Victorian Government of \$60 million toward the complete redevelopment of the Parkville premises of Orygen, The National Centre of Excellence in Youth Mental Health and Orygen Youth Health Clinical Program. This funding, which comes soon after the Federal Government's investment in creating The National Centre of Excellence in Youth Mental Health, is a major endorsement of the value of the innovation, cutting-edge research and expert clinical care that we are delivering to Australia, and indeed the world. Our new purpose-built facilities, which will be completed in 2018, will host a world-leading youth mental health clinical-research hub and significantly increase the integration of our work to develop better treatments for young people with mental ill-health.

Australia's unique capacity in this space was also recognised in the previous year by the world's largest mental health research funder, the US-based National Institute of Mental Health (NIMH). The NIMH's significant investment in our STEP research project, which will examine better early treatments for young people at risk of serious mental illness, is a recognition that the system of youth mental health care developed in Australia, and centred in the north and west of Melbourne, makes us the only location in the world capable of delivering this kind of clinical research. On the home front, the declining levels of success at the National Health and Medical Research Council level have meant that many good projects and researchers miss out on support, especially in the mental health field, which remains the poor cousin in medical research. Despite this, two key projects in early psychosis and the treatment of auditory hallucinations received funding and these will be ground-breaking studies.

Another area of work that we have expanded in the previous year is our capacity to deliver targeted policy advice on key youth mental health topics. In 2015-16 our policy team has delivered comprehensive reports or 'white papers', submissions to key reviews and tailored advice to government, which is always informed by the latest evidence. Many



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Our training and professional development opportunities are adapting to the needs of a changing workforce

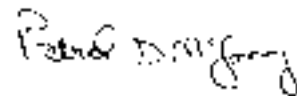
of these are enhanced and co-produced through national partnerships with organisations like the Butterfly Foundation and the National Drug and Alcohol Research Centre. The evolution of this work has provided another avenue through which we can synthesise and disseminate the latest knowledge to translate new treatments and support cultures of care, to ensure that young people and families have the best chance to access the benefits of these innovations as quickly as possible.

A major focus in the previous year has been on the way we partner with young people to ensure they are at the forefront of helping us develop all of our areas of work. Youth participation and engagement has always been a key tenet of our work at Orygen, but through the Youth Engagement and Participation Strategy we have for the first time committed to a systematic program of partnership to ensure that young people have a real impact across the entire organisation. From working clinically in headspace centres, I know that any treatment or innovation is only valuable if it is meeting the needs of young people, and the earlier we engage young people in our projects, the more likely we are to achieve this outcome.

Orygen's Clinical Services, which comprise four headspace centres in the north and west of Melbourne have continued their impressive expansion over the previous year, helping more young people in this region than ever before. Through our clinical-research interface, we are also able to test new models of support in these centres and I am particularly pleased to see the Individual Placement and Support (IPS) model for young people with mental ill-health, a proven intervention pioneered at Orygen, now being trialled in our centres.

Another fantastic opportunity we had in the previous year was the chance to visit every state and territory capital in Australia and engage youth mental health professionals in the work of The National Centre of Excellence in Youth Mental Health and explore the opportunities that we will be providing to partner with them to deliver better support to young people in their communities. Our training and professional development opportunities are adapting to the needs of a changing workforce and we are always looking to hear from people 'on the ground' about how we can help them in their work with young people.

This report was written on the cusp of the Federal Election, during the campaign for which mental health became a major issue once again with positive outcomes for youth mental health and suicide prevention. In the new world of Primary Health Networks we expect to be able to progress youth mental health reform with more flexibility while retaining the evidence-based templates that we at Orygen have developed. So I am looking forward to an exciting year and I have to thank our Chairman, Mr Peter Smedley, the whole Orygen Board, our Executive Team and all of our staff who always go above and beyond to make sure we are delivering the best outcomes for young people and their families.





2015-2016
Highlights

“Being a part of the Youth Advisory Council enabled me to feel valued, a part of a team, and proud of my individual skills and experience.

Yasmine, YAC member

Youth Engagement and Participation Strategy

As The National Centre of Excellence in Youth Mental Health, Orygen has as its strategic objective, to partner with young people to ensure that they remain at the forefront of everything we do.

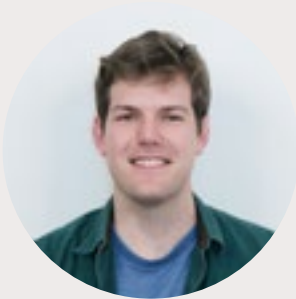
We recognise that young people, families, and the community are key partners in improving young people's mental health. As a commitment to this, Orygen has developed a three-year Youth Engagement and Participation Strategy to promote partnerships with young people across the organisation.

As part of the strategy Orygen will establish a number of standing groups of young people to advise our activities and ensure that our work is meeting their needs. In the first year of the strategy we established the Youth Advisory Council and Youth Research Council.



Youth Advisory Council

Our inaugural Youth Advisory Council is made up of young people from across the country who are passionate about advancing youth mental health through meaningful engagement.



Alexander Barwick



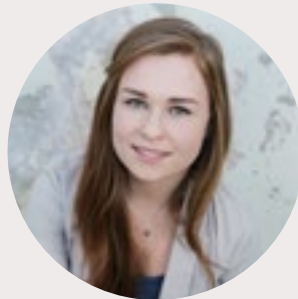
Mary Brushe



Amy Hatfield



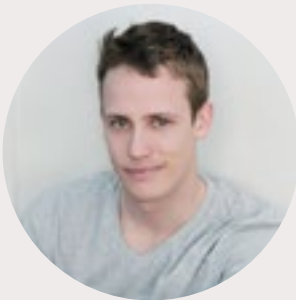
Sarah Jane Haywood



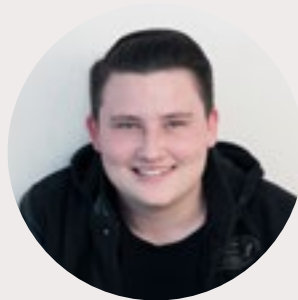
Yasmine Hooper



Maddi O'Gradey Lee



Luke Redfern



Max Simensen



Tina Yutong Li

During their first year, Youth Advisory Council members contributed right across the organisation to create opportunities for young people and to ensure that our work is putting them first.

The Youth Advisory Council were instrumental in the development of programs such as:

- Live it Speak it
- Orygen Summer Intern Program
- Youth Engagement and Training Initiative (YETI)

They contributed to resources including:

- Participation videos
- 'How to share your story' videos
- Fundraising videos

They worked on national campaigns including:

- Sydney Mardi Gras and LGBTI young people
- National Youth Week
- Mental As

They contributed to policy outcomes including:

- Suicide prevention policy reports
- Queensland suicide bereavement project

They participated in conferences and projects including:

- IAYMH conference in Montréal
- Vocational recovery trial consultations
- Orygen whole of staff meetings
- Reconciliation Action Plan launch
- South Australian training with youth mental health workforce
- Orygen Capital Project consultations



The Orygen Capital Project

In the 2016–17 Victorian State Budget we welcomed the commitment of \$60 million to new facilities for Orygen and components of the Orygen Youth Health Clinical Program at our current site in Poplar Road, Parkville. This funding has been increased by commitments of \$5 million each from the University of Melbourne and the Colonial Foundation.

The Premier and the Minister for Mental Health, Martin Foley, both visited the current facilities last year, and saw first-hand the extremely dilapidated buildings in which services are provided to young people and families, and in which Orygen staff work. The need for a total rebuild was clear, and the Andrews Government has responded with this substantial investment.

The planning of the new facilities is well underway with building expected to be completed in 2018-19. Once open, the facilities will be utilised to provide and coordinate clinical services for up to 5,000 young people per year. It will also assist Orygen to deliver our research and training activities and enhance our capacity to conduct cutting-edge clinical research trials.



STEP: USA and Australia announce landmark youth mental health research partnership

The world's largest mental health research organisation, The National Institute of Mental Health (NIMH) in the United States, announced in the last year that it will provide Orygen \$6.6 million (USD) to work in partnership on a ground-breaking new research study into treatment strategies for young people at risk of developing a serious mental illness.

This new study will build on the world-leading research conducted at Orygen into the 'clinical high risk state', a classification that has been shown to reliably predict the onset of psychosis in young people. This study aims to establish better ways to identify young people who are at risk of developing any serious mental illness

and how best to treat them before their illness becomes established. It is the first large-scale investigation to blend basic biological and clinical research in one study for young people, and is only possible due to our unique youth mental health infrastructure here in Australia.

Professor Patrick McGorry, Executive Director of Orygen is excited to commence this landmark research partnership and sees it as a significant recognition of Australia's leading position in youth mental health, 'the NIMH has recognised the importance of improving treatments for young people in the early stages of mental ill-health, and with the clinical-research base made possible

by the Australian Government's major investments in Orygen, The National Centre of Excellence in Youth Mental Health and headspace, Australia is the only country equipped to deliver on these kinds of research opportunities.'

The STEP study began recruitment in May 2016 and the team plans to recruit 500 participants over a two-year period.



Reconciliation Action Plan

As part of our commitment to reconciliation, in the previous year Orygen launched our organisation's first Reconciliation Action Plan (RAP). This RAP is an important first step in committing our organisation to a process of reconciliation and partnering with Aboriginal and Torres Strait Islander-led organisations to ensure our work is helping young people in those communities.





The focus of this 'Reflect' RAP was on looking internally at our cultural understanding and practices, in order to improve our organisational cultural intelligence and begin a process of reconciliation that is the responsibility of everyone at Orygen.

The launch of our RAP was a particularly special day, as staff gathered on the land behind our Parkville offices and heard stories from Aunty Diane Kerr about the role this land has played in the history of Wurundjeri people. This event also gave us the opportunity to present an amazing piece of artwork created by young Taungurung/Wurundjeri artist, Cassie Leatham, which symbolises the challenges facing young Aboriginal and Torres Strait Islander people with mental ill-health, and the help that is available.

Throughout the year, we also had the opportunity to reflect on and contribute to some of the major events which recognise and celebrate Aboriginal and Torres Strait Islander culture, such as NAIDOC week and National Reconciliation Week. Our National Reconciliation Week afternoon tea gave all staff an opportunity to think about what reconciliation means to us and how we can model it in our work, and in our lives.



A special thank you goes to the RAP working group members, who have led the implementation of the plan and supported staff across the organisation:

- Linda Campbell
- Alex Nicol
- Kara Goodman-Smith
- Angela Scheppokat
- Sarah Bendall
- Daveena Mawren
- Alex Parker
- Kerryn Pennell
- Daniel Little
- Jo Fitzsimons
- Sarah Fraser
- Rebecca Creek
- Emily Munro-Harrison

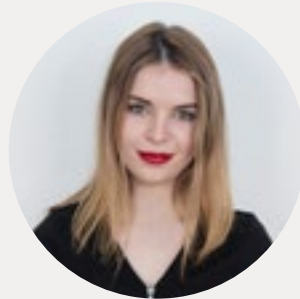


Youth Research Council

The Youth Research Council are a group of young people interested in youth mental health research who provide strategic advice and support to research staff and Research Cabinet at Orygen as they commence their projects.



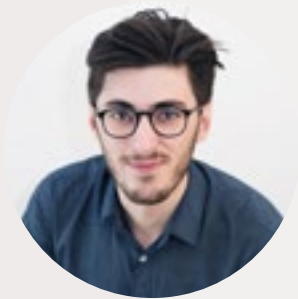
Christine Abdelmalek



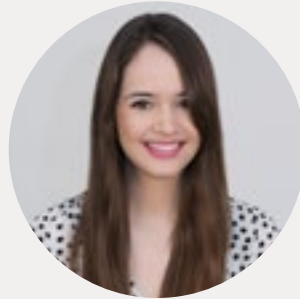
Rikki Crook



Jo Farmer



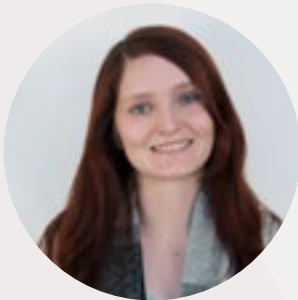
Nicholas Fava



Candice Hooper



Alice Montague



Ella Svensson



Jia-Wern Toh



Tom Wood

In their inaugural year the Youth Research Council contributed to research projects and other youth participation and engagement activities across the organisation.

They made a key contribution to Orygen's Research Review Committee by:

- Rikki and Tom representing their views on the committee
- Developing a youth engagement component of the expression of interest for new projects

They contributed to youth mental health discussions across Australia and around the world including:

- Candice presenting at the National Suicide Prevention Conference in Canberra
- Candice co-facilitating a suicide prevention round table in Sydney
- Christine co-presenting at the VicServ Mental Health Conference
- Three members attending the International Association for Youth Mental Health Conference in Montréal, Canada and Nick co-chairing conference sessions

They helped strengthen the organisation's focus on youth engagement in research by:

- Assisting in the recruitment of new staff
- Participating in the development of fundraising videos

They contributed to Orygen's policy work in the areas of:

- Tertiary education
- Aboriginal and Torres Strait Islander young people
- Suicide prevention

They increased the value of our research program through:

- Involvement in the Participatory Research Project
- Reviewing research project proposals

They helped build capacity for youth participation in research by:

- Helping design and presenting at Orygen's first Youth Participation in Research Mini-Conference
- Developing and launching the Youth Partnerships in Research Toolkit



Three of Australia's leading mental health researchers recognised with international outstanding achievement awards

In 2015, leading researchers at Orygen were formally recognised for their outstanding work in the field of mental health research, by a prestigious USA-based funding organisation.

Professor Patrick McGorry AO, Professor Michael Berk and Associate Professor C. Barnaby Nelson travelled to the USA in October 2015 to receive their prizes, awarded by one of the world's largest private funders of mental health research, the Brain & Behaviour Research Foundation.

This is the first time that the Foundation has granted these prestigious awards to researchers working in Australia, with all three going to world-leading researchers working at Orygen. The three have joined a distinguished list of previous award winners, which includes Nobel Laureates, and some of the foremost mental health researchers.

Professor Patrick McGorry received the 2015 Lieber Prize for Schizophrenia Research given in recognition of his distinguished contribution to the understanding of schizophrenia. Past Lieber Prize winners include leading schizophrenia researchers, including Nobel Laureates such as Dr. Arvid Carlsson and Dr. Paul Greengard.

Professor Michael Berk was presented with the Colvin Prize for Outstanding Achievement in Mood Disorders Research. A prize awarded to a scientist carrying out work on the causes, pathophysiology, treatment, or prevention of affective disorders.

Associate Professor C. Barnaby Nelson received the Sidney R. Baer, Jr. Prize for Outstanding Achievement in Schizophrenia Research. A prize intended to boost the career of a young investigator and further the field of schizophrenia research.

Mr Peter Smedley, Chairman of Orygen said, 'these awards are fantastic recognition of the vast contribution that Australian medical researchers, based at Orygen, have made to the scientific understanding of youth mental health. To have three of our senior academics receiving awards from such a prestigious entity indicates the global significance of the work we are doing at Orygen and the real impact it has had on improving treatments for young people with mental ill-health across the world.'



Prof McGorry, Prof Berk and A/Prof Nelson accepting their awards at an event in New York

New partnership program to help young people in Melbourne's north access employment and education

Orygen has partnered with employment services agency Campbell Page to trial a vocational recovery service for young people at our headspace centres in Glenroy and Craigieburn.

These services will be based on the Individual Placement and Support (IPS) model which has been effectively delivered through the Orygen Youth Health Clinical Program and shown to return 85% of young people with an experience of mental ill-health to work or study.

At a launch in October 2015 at headspace Glenroy, Orygen's National Vocational Services Manager Gina Chinnery outlined the impact this support can have on the lives of young people. 'IPS is considered the gold standard of vocational support for young people with mental ill-health. We are very excited about the partnership with Campbell Page to introduce an IPS program in the Glenroy and Craigieburn

sites and look forward to improvements in career outcomes for young people accessing the service.'

Orygen's Director of Clinical Programs Liz Burgat sees great potential for this evidence-based model to improve outcomes for young people in the area. 'We know from our current data of young people aged 18-25 that over 25% presenting at headspace Glenroy and 32% presenting at headspace Craigieburn are not studying or working. We are very excited that this program will work alongside young people to improve education and career options.'

To support the roll out of this trial an advisory committee of young people has been assembled to ensure that the program delivers on the needs and desires of young people. Representatives from this committee spoke at the launch about the importance this service can have

on building confidence and improving recovery outcomes for young people with mental ill-health.

Led by our Associate Director of Research and Head of Functional Recovery Research Professor Eóin Killackey, Orygen has conducted significant research on the effectiveness of IPS for young people with mental ill-health and produced a comprehensive policy report entitled *Tell Them They're Dreaming*.



Orygen Summer Intern Program

In 2016, Orygen ran our first Summer Intern Program and invited four talented young people to work with us over a four-week period to learn from, and contribute to, our work in youth mental health.

Our Summer Interns took the time to reflect on their experiences.



Kendall

'I found out about Orygen's internship program through their Facebook page and was immediately excited about the opportunity to gain exposure to a leading mental health organisation.'

Kendall was already familiar with some of Orygen's work through her university studies but, as she was part of the first group of interns to participate in the program, she wasn't exactly sure what the day to day schedule would look like.

'On our first morning, the fabulous Jacqui, our fearless Youth Engagement & Participation Coordinator, provided us with an outline of our upcoming activities. And, over the next four weeks, we met with staff, learnt about the teams and divisions in more detail, worked on our individual and group projects and prepared for our final presentation to staff in week four where we would share our journey, experiences and learning.'

There was never a dull moment as in between all this there were opportunities to visit headspace, participate in up-skilling workshops, learn more about media and graphic design.

'And of course, have lots of coffees and laughs together!'

'The highlights no doubt would be the breadth and depth of the exposure we have had to Orygen's inner workings, the friends and professional contacts we have made along the way, and the projects we have executed, like our short film, with the full support and encouragement of Orygen's staff.'

Upon finishing the internship, Kendall resumed study toward a Graduate Diploma in Psychology at the University of Melbourne, with aspirations in clinical, educational or organisational psychology.



Anthony

'Prior to commencing this internship, I knew of Orygen's research division but didn't know a lot about the other aspects of the organisation.'

Anthony came to Orygen as a postgraduate psychology student commencing his fifth year of study in 2016.

'One of my favourite parts about interning at Orygen was hearing everyone's career pathways and learning of the unique ways they all came to work at the organisation. It highlighted to me the flexibility and wealth of opportunity available to people working in the youth mental health field.'

His own future intentions are registering as a psychologist after his sixth year of training. He's also undertaking research that examines the differential health outcomes experienced by males and females and the impact of social gender on these outcomes in early childhood.

The structure of the internship allowed him to connect with a number of leading professionals and to get advice on some of the challenges and opportunities of working in their area.

'For someone that has been studying for the past four years, it was great to have some face to face time with people on the ground doing the work I hope to be doing in a few years and network with them.'



Desney

'I saw the advertisement for the intern program on a friend's Facebook page and after looking at the description, thought, I can do this.'

Desney didn't know much about the work of Orygen prior to commencing the internship, except for a vague idea of the work they conducted in the youth mental health sphere.

'I had an incredible four weeks exploring the different divisions of the National Centre and having long conversations about studies, projects and passions. I'm interested in helping young people to understand their needs, and what sort of assistance is available for them.'

Desney particularly enjoyed going out to visit headspace sites to speak with clinicians about their service and identifying what is working well at the sites and what could be improved to help young people. She found the visits worthwhile as they gave her an opportunity to understand the service delivery from a social work perspective.

'I thoroughly enjoyed speaking with some of the staff trained in social work at Orygen, hearing about their thoughts and experiences on university, especially as I'll be continuing on with my studies this year.'

Desney is pursuing her social work studies at Deakin University. She hopes to work as a social worker when she finishes, with the view to explore the wider health and social welfare sectors down the track.

'The Orygen Summer Intern Program gave me an insight into my profession, and a greater confidence in my abilities.'



Jay

'My impressions when I first walked down the drive at Orygen was that it is leafy, calm and grounded. It also was familiar, which could have been because of its setting, but I think it had more to do with memory.'

Jay didn't think he knew of Orygen before the Summer Intern Program, but in fact he had been here before on a VCE psychology excursion to see artworks by clients. Prior to the internship, he's studied professional writing and editing and creative writing, so wasn't sure what the internship would be like considering he isn't from a clinical or psychology background.

'My perspective of Orygen before I commenced was limited. I knew far more about headspace and what its function in the community is than I did about Orygen. The first week of the intern program quickly changed that. We had back to back meetings with executives, divisional champions, research, media and communications, policy, skills and knowledge. We learnt far too much to be contained in a simple sentence.'

He enjoyed learning about Orygen's Youth Engagement and Training Initiative (YETI) and clinical spaces, design, policy briefing and everything in between.

'The impression that does stick is that while the teams at Orygen may seem diverse, and they are, they are also collaborative and eager to contribute what they can to each other in order to meet their shared goal: to reduce the impact of mental ill-health on young people.'

He was encouraged by, and at times it felt as if he was carried by, the people he met, who offered their time and resources to help him learn as much as he could and get as much out of the experience as he could.

Policy reports



Nicole shared her story of self-harm reminding young people that there is help available



Maddi spoke about how her physical health was neglected while she received treatment for her mental health



Looking the other way: Young people and self-harm

In March 2016, Orygen released a report that lifts the lid on the unacceptably high rate of self-harm among young people in Australia today exposing the damaging effects of stigma associated with self-harm and the inability of available services to deal with it.

Titled *Looking the Other Way: Young people and self-harm*, the report is the first in the country that looks systematically and comprehensively into the largely hidden and misunderstood behaviour of self-harm among 12-25 year olds.

In particular, the report exposes the often crippling impact that self-harm can have on young people, on their families and on the broader community. It also examines the gaping holes in the level of care that young people receive when seeking help and the negative effect this has on their long-term wellbeing and recovery.

The report generated significant media interest and sparked a national conversation regarding self-harm in young people.



Physical challenge: Wider health impacts for young people with mental illness

In June 2016, Orygen released a report that shows that the physical and sexual health of young people with mental illness is largely being ignored.

Titled *Physical Challenge: Wider health impacts for young people with a mental illness* the report shows that young people who are diagnosed with a mental illness are at a greater risk of poorer physical and sexual health outcomes, because the sole focus of their treatment is being targeted to their mental health at the cost of their physical health.

Orygen's Associate Director of Research, Professor Eóin Killackey says 'people with mental illness die up to 30 years earlier than the general population, and they die largely from preventable illnesses related to obesity and tobacco smoking. Despite being only a quarter of the population, people with mental ill-health smoke nearly half the cigarettes that are produced, and account for nearly 50% of those who die from smoking related illness each year.'

The report points to the need to prioritise early intervention treatments that look holistically at the health and wellbeing of young people with mental illness and include a focus on their physical and their sexual health.

National youth mental health workforce training



We published seven Clinical Practice Points to help early psychosis clinicians with complex topics



We ran six live introductory training webinars which have to date been viewed over 2000 times



We ran three live advanced practice webinars and all our webinars are free to view on our website



We published five research bulletins on key youth mental health topics



We added eight new online training modules on a range of youth mental health topics



We ran face to face training for youth mental health workers across the country





“One highlight was having a researcher say ‘Wow, your expertise is just what we need as a sector!’

Jia-Wern, Youth Research Council

Other highlights



We ran forums in every state and territory capital in Australia



Prof McGorry was made a fellow of the Australian Academy of Science



We ran our first Youth Partnerships in Research Mini-Conference



Gina Chinnery received the Employment Officer of the Year Award from the Australian Long-Term Unemployment Conference



We were a major sponsor and participant at the 3rd International Conference on Youth Mental Health in Montréal



Prof Helen Herrman and Dr Magenta Simmons were honoured at the 2015 TheMHS Awards



Prof McGorry presented at the National Press Club of Australia



Dr Mario Alvarez received an NHMRC Research Excellence Award



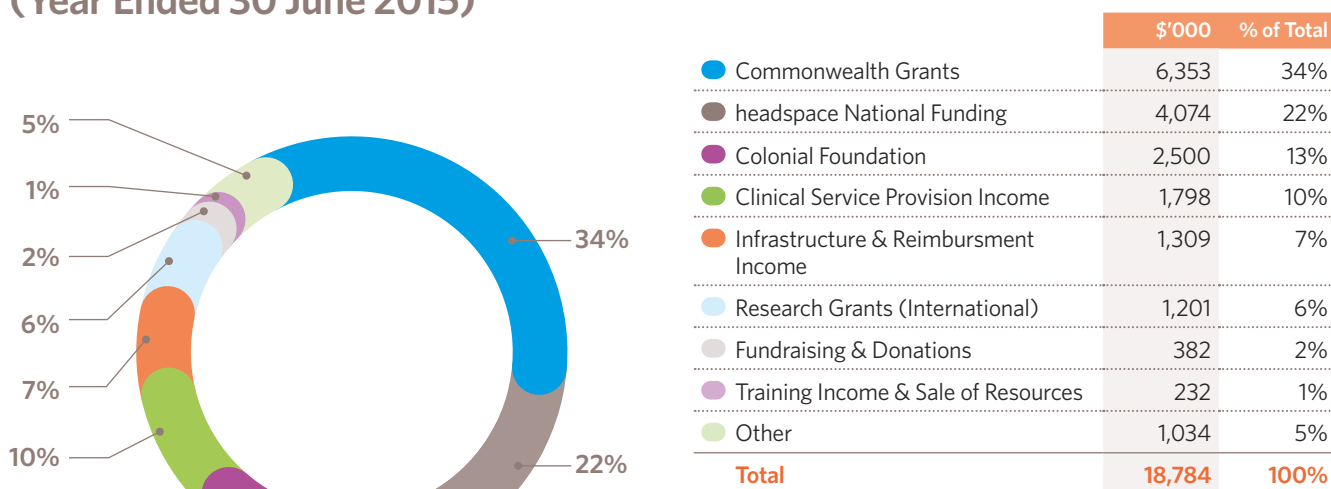
We produced 182 research publications

Financial statements

Statement of Comprehensive Income for Year Ended 30 June 2016

	2016	2015
	\$'000	\$'000
Revenue from ordinary activities	18,883	18,784
Expenditure		
Consultancy	(444)	(817)
Depreciation	(486)	(483)
Occupancy	(714)	(663)
Salaries	(13,676)	(12,106)
Medical supplies, tests and practitioner payments	(1,778)	(1,333)
Other expenditure	(2,636)	(1,908)
Surplus/(deficit) for the period	(851)	1,474

Sources of Revenue (Year Ended 30 June 2015)



A full copy of the Orygen Special Purpose Statutory Financial Report for the year ended 30 June 2016, is available on the ACNC website www.acnc.gov.au

Statement of Financial Position for Year Ended 30 June 2016

	2016	2015
	\$'000	\$'000
ASSETS		
Current assets		
Cash	5,594	5,169
Trade and other receivables	2,063	2,830
Prepayments	170	66
Inventory	98	89
Total current assets	7,925	8,154
Non-current assets		
Property, plant and equipment	1,355	1,679
Total non-current assets	1,355	1,679
Total assets	9,280	9,833
LIABILITIES		
Current liabilities		
Trade and other payables	3,015	2,764
Provision for employee entitlements	326	203
Total current liabilities	3,341	2,967
Non-current liabilities		
Trade and other payables	650	811
Provision for employee entitlements	187	102
Total non-current liabilities	837	913
Total liabilities	4,178	3,880
Net assets	5,102	5,953
EQUITY*		
Share capital	-	-
Retained surplus/(deficit)	3,277	3,572
Unexpended funds reserve	1,825	2,381
Total equity	5,102	5,953

* Equity includes project funds received in the year ended 30 June 2016, but committed to expenditure in future financial years.

Publications

July 2015 – June 2016

Journal articles

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