
COGNITIVE ANALYTIC THERAPY PRACTITIONER TRAINING COURSE YEAR ONE

COURSE SCHEDULE 2025



WORKSHOPS

Each day will run from 9.30am-4.30pm. Registration commences at 9.15am.

Location: Orygen, 35 Poplar Road, Parkville 3052. Note that this may change to an online format in certain circumstances.

Catering: This training is not catered for, however, there is a café on-site for purchase of drinks, snacks or meals.

DAYS ONE AND TWO:

Wednesday, 5 and Thursday, 6 February.

DAYS THREE AND FOUR:

Wednesday, 2 and Thursday, 3 April.

DAY FIVE:

Wednesday, 18 June.

DAYS SIX AND SEVEN:

Wednesday, 3 and Thursday, 4 September.

DAYS EIGHT AND NINE:

Wednesday, 12 and Thursday, 13 November.

COURSEWORK

1. Reflective essay assignment:

Wednesday, 4 June, 9am.*

2. Case presentation:

Day five (Wednesday, 18 June).*

3. Case study assignment:

Wednesday, 10 September, 9am.*

REVOLUTION IN MIND

4. Student study session (SSS) group reflective journal:

- SSS1: Monday, 31 March, 9am (before Day three).*
- SSS2: Monday, 1 September, 9am (before Day six).*
- SSS3: Monday, 10 November, 9am (before Day eight).*

SUPERVISION EVALUATIONS AND CLINICAL LOGBOOKS

1. Mid-year supervision evaluation:

Wednesday, 30 July, 9am.*

2. End of year supervision evaluation and clinical logbook:

Wednesday, 3 December, 9am.*

TRAINING PAYMENTS

1. First instalment payment:

Wednesday, 15 January, 9am.*

2. Second instalment payment:

Wednesday, 26 March, 9am.*

3. Third instalment payment:

Wednesday, 11 June, 9am.*

4. Fourth instalment payment:

Wednesday, 20 August, 9am.*

Submit coursework, supervision evaluations and clinical logbooks to: training@orygen.org.au

Please follow guidelines on naming and format of submissions.

*Due dates are subject to change. Orygen takes no responsibility for expenses incurred as a result of changed dates.