


Communicating online about suicide? Support services for you




Reporting worrying content on social media

Instagram



The Help Centre has details on how to report content. Report content by tapping the  then select "Report".

TikTok

Find suicide hotline resources in the Safety Centre. Tap the  to report content.


Snapchat

The Help Centre has links to suicide prevention websites and hotlines.

Tap the  and then the  to report content.


Facebook

The Suicide Prevention Help Centre has information on how to report suicide related content.

Report content by tapping the  and then select "Find support or report".

Twitter


Twitter Help Centre provides information on how to report self-harm and suicide-related content.

Tap the  and select "Report Tweet" to report.

Online and phone support services

American Foundation for Suicide Prevention

Voluntary health organisation that gives those affected by suicide a nationwide community empowered by research & education to take action.

 afsp.org  1-888-333-AFSP (2377)

Half of us & The Jed Foundation

Aim to initiate a public dialogue to raise awareness about the prevalence of mental health issues and connect students to appropriate resources to get help.

 halfofus.com  jedfoundation.org


Crisis Text Line


Free 24/7 phone support for those in crisis. Text from anywhere in the US to text with a trained Crisis Counselor.

 crisistextline.org  Text HOME to 741-741

National Suicide Prevention Lifeline

Free 24/7 confidential phone support for people in distress, as well as prevention and crisis resources.

 suicidepreventionlifeline.org

 1-800-273-TALK (8255)

Include here the name and contact details of support people and services at your school.