



FAMILY PEER WORKER

JULY 2024

POSITION SUMMARY

Location:	headspace Werribee		
Functional area:	Primary Clinical Services		
Classification/ Salary:	Social, Community, Home Care and Disability Services Industry Award 2010, Social and Community Services employee, Level 2 + 11.5% super + access to \$15,900 NFP salary packaging		
Job level:	Level 2		
Reports to:	Family Peer Work Lead – Primary Clinical Programs		
Employment type:	Part time (0.4FTE)		
Employment length:	Ongoing, subject to funding		
Direct reports	-	Indirect reports	-

POSITION PURPOSE STATEMENT

Orygen provides low intensity services to families, carers and supporters (referred to as families) of young people aged 12 – 25 years who are accessing support at headspace Centres in Glenroy, Craigieburn, Werribee, Sunshine and Melton. This role will be at the new headspace Werribee location in Wyndham, which is co-located with the Orygen Specialist Programs, Wyndham team.

The Family Peer Worker will work within a team of Family Peer Workers who offer empathetic listening, provide support, information and connection, drawing on their own lived experience of supporting their own children, young adult family members and significant others with mental ill health. The Family Peer Worker will be required to be self-motivated and directed and will demonstrate an excellent ability to engage with a range of people.

About headspace

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental ill health emerge before the age of 25 years.

POSITION FOCUS

	Key responsibility area	Percentage
1	Family Peer Support	75%
2	Stakeholder Engagement	10%
3	Planning and Facilitation	10%
4	Other	5%

POSITION KEY RESPONSIBILITY AREAS

<p>1. Family Peer Support</p> <ul style="list-style-type: none"> • Provision of support, information, psychoeducation, empathic listening and connection using their own lived experience. • Promote and advocate for the voice of families within the local multi-disciplinary team. • Offer informal drop-in and appointment-based services for the families of young people who attend headspace – through referrals or contacting families directly. • Offer empathic listening and provide support to families of young people attending headspace. This will be a person-centred, strengths-based approach and may be face-to-face, by telephone or using video conferencing platforms. • Use intentional peer support frameworks to guide their work. • Follow FPW principles of practice and discipline frameworks. • Participate in identified relevant professional development for the FPW role. <p>2. Stakeholder Engagement</p> <ul style="list-style-type: none"> • Provide assistance with linking families into other family support, mental health, AOD and other relevant services in their area. • Provide information to families about headspace and other accessible resources and services relating to young people, and their families. • Foster and develop relationships with internal and external stakeholders. • Promote and assist the development and embedding of family inclusive practice. • To collaboratively promote and embed the role of FPW into the multi-disciplinary team. <p>3. Planning and Facilitation</p> <ul style="list-style-type: none"> • Work collaboratively with other staff and FPW team members (e.g. from other centres) to develop family inclusive activities such as morning teas, information sessions, wellbeing workshops, community awareness presentations and other relevant events. • Promote family participation in service planning, participation and evaluation. • Co-facilitate family sessions with clinical staff members. <p>4. Other</p> <ul style="list-style-type: none"> • Support Cultural and Linguistically Diverse (CALD) families, including being sensitive to cultural norms and engaging interpreter services where appropriate. • Perform other service development activities and responsibilities as directed by the Family Peer Work Lead.

EDUCATION / QUALIFICATIONS

Desirable	<ul style="list-style-type: none"> • Cert IV in Peer Work, and/ or Foundations of Peer Work and/or Core Intentional Peer Support training.
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EXPERIENCE / SKILLS

Experience / skills	<ul style="list-style-type: none"> • A personal experience of supporting a child and/or young adult family member who is/was experiencing mental ill health or alcohol and other drugs and is not currently a client of an Orygen led headspace centre or of Orygen. • Capacity to share own lived experience in a meaningful, appropriate and considered way. • Confidence and ability to approach families and work collaboratively with a wide range of people. • Capacity and willingness to conduct groups with families. • Experience in the planning and provision of community engagement and capacity building activities. • Experience with or knowledge of group leadership and/or facilitation.
Personal attributes	<ul style="list-style-type: none"> • High level interpersonal skills, including the ability to liaise effectively with a diverse range of people, families and stakeholders. • Capacity to problem solve effectively, engage and work creatively with families. • Demonstrated ability to work effectively in a team. • A commitment to improving the way services are delivered for young people and their families. • Capacity to work flexibly as needs arise (eg to be available in the evenings to conduct groups). • Experience of accessing a headspace Centre or similar organisation as the family of a young person.

KEY RELATIONSHIPS

Internal	<ul style="list-style-type: none"> • CSM at Werribee • Werribee Team • Primary Programs Family Peer Work team
External	<ul style="list-style-type: none"> • Families • Community based support • Orygen Specialist Programs Family Peer Work Team

SPECIAL REQUIREMENTS

<ul style="list-style-type: none"> • Unrestricted right to live and work in Australia. • A current National Police Check will be required. • Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check. • Successful applicants will be required to provide proof of COVID-19 vaccination prior to commencement. • You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne. • A current Victorian driver's licence (desirable). • In line with government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required. • <i>Our headspace sites operate after 5pm multiple times a week, availability to work across rotating shifts required.</i>
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SAFETY, HEALTH AND WELLBEING RESPONSIBILITIES

<p>Employees are required to comply with all workplace health, safety and wellbeing policies and procedures of Orygen.</p>
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In addition, employees are expected to:

- Promote and demonstrate Orygen’s high standards in relation to health, safety and wellbeing, championing a culture of safety in the workplace.
- Take responsibility for their own safety, health and wellbeing and for their colleagues and others they work alongside, as far as they are able.
- Follow policies, training and guidelines related to Workplace health, safety and wellbeing, including reporting of unsafe work practices, incidents, hazards and near miss events.
- Be committed to promoting and protecting the safety and well-being of all children and young people and embedding safeguarding practices into all our programs and services.

ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name	[insert name]
Signature	[insert signature]
Date	[insert date]