
ONLINE YOUTH MENTAL HEALTH CLINICIAN

NOVEMBER 2024



POSITION SUMMARY

Location:	WA - Perth		
	Hybrid work – Remote / Work from Home + regular office attendance		
Functional area:	Orygen Digital		
Classification/ Salary:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 1-2 pro rata + 11.5% super + access to \$15,900 NFP salary packaging.		
Job level:	2		
Reports to:	Senior Clinician – Supervisor		
Employment type:	Part-time or Full-time (0.6 – 1 FTE)		
Employment length:	Ongoing, subject to funding		
Direct reports	No	Indirect reports	No

POSITION PURPOSE STATEMENT

The Online Youth Mental Health Clinician will directly support young people using MOST in our established service roll out throughout Western Australia as well as supporting young people in our new venture to expand into QLD, NSW, VIC and the ACT mental health services. Young people will be able to engage with clinical content and other appropriate features within MOST, such as social networking, and peer and vocational support.

The Online Youth Mental Health Clinician will also assist MOST users with other appropriate features within MOST, such as social networking, and peer and vocational support. This role is responsible for maintaining weekly contact with MOST users, via messaging, discussions on the online forums, text message or telephone contact. The Online Youth Mental Health Clinician will be required to work collaboratively with other internal and external staff in support of young people, such as peer and vocational workers, and other clinicians.

About MOST

Orygen Digital has already developed world-leading youth mental health technologies. Our flagship Moderated Online Social Therapy (MOST) platform is the first single digital solution specifically designed to integrate with, and address, the key limitations of current youth mental health services. It has been designed with and for young people and existing services, providing clinicians with evidence-based tools that can be used across the diagnostic and severity spectrums and all stages

REVOLUTION IN MIND

of treatment. In response to the COVID-19 crisis in 2020, Orygen Digital's MOST platform has been implemented in Victoria's youth mental health system and is now expanding into other jurisdictions including QLD, NSW, WA and the ACT.

POSITION FOCUS

	Key responsibility area	Percentage
1	MOST Engagement	60%
2	Supervision of young people using MOST	30%
3	Other	10%

POSITION KEY RESPONSIBILITY AREAS

<p>1. MOST Engagement</p> <ul style="list-style-type: none"> • Welcome and onboard young people to the MOST platform. • Welcome families and young people on the Under 15's platform. • Assist MOST users to effectively engage with clinical content and other appropriate features within MOST, such as social networking, peer and vocational support. • Maintain regular contact with MOST users, via direct messaging, discussions on the online forums, or telephone contact. • Identify and manage risk when it arises on MOST, by completing thorough risk assessments with MOST users and escalating to appropriate external services. • Participate in a duty shift rotation, providing assessment and coordination of care for MOST users. <p>2. Supervision of young people using MOST</p> <ul style="list-style-type: none"> • Maintain accurate records of engagement with young people. • Monitor the safety of young people on the platform and respond as required. • Communicate with face-to-face clinicians from referring services to ensure they are updated on their young person's involvement with MOST. • Participate in regular supervision sessions with Senior Clinicians. <p>3. Other</p> <ul style="list-style-type: none"> • Participate in the development of the MOST service model, working collaboratively with other internal staff in support of young people, such as peer and vocational workers. • Comply with and support others to comply with Orygen's policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse and inclusive. • Any other duties as reasonably requested by the Senior Clinician and/or Director, Orygen Digital.

EDUCATION / QUALIFICATIONS

Essential	<ul style="list-style-type: none"> • Tertiary qualifications in and current registration with one of the following allied health fields: <ul style="list-style-type: none"> ○ Psychologists: General Registration with the Psychology Board of Australia (AHPRA). ○ Social Workers: An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers. ○ Occupational Therapists: Registration with AHPRA and the Occupational Therapy Board of Australia. An approved degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy. ○ Registered Psychiatric Nurses: Registration with AHPRA and the Nursing and Midwifery Board of Australia. Bachelor degree in Psychiatric/Mental Health Nursing or equivalent, or, Bachelor degree
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	in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.
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EXPERIENCE / SKILLS

Experience / skills	<ul style="list-style-type: none"> • An understanding of youth mental health systems and an ability to apply this knowledge to the Orygen Digital context. • Experience working in clinical settings within the relevant state or territories youth mental health system. • Excellent written and verbal communication skills and demonstrated ability to facilitate a therapeutic alliance via digital means. • Demonstrated sound ability to make decisions, problem solve, and risk manage, in relation to young person's treatment. • Demonstrated awareness of mental health and social issues, experience working with individuals experiencing crises, and experience working with high-risk clients. • Excellent computer skills including databases as required. • Strong working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and the literature underpinning such approaches. • An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions. • Knowledge of substance use, and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these. • Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.
Personal attributes	<ul style="list-style-type: none"> • Excellent written and verbal communication skills and demonstrated ability to facilitate a therapeutic alliance via digital means. • Passion for empowering young people to achieve their mental health goals. • Maintains accurate records, monitors user safety, and stays observant to changes or challenges young people may face on the platform. • Respects and promotes inclusivity, understanding the diverse backgrounds of users and supporting a culture of diversity and inclusion. • Keeps the wellbeing and safety of young people at the forefront, proactively monitoring and addressing any safety concerns. • Works effectively within a multidisciplinary team, including clinicians, peer support, and vocational staff, to create a cohesive and supportive environment. • Engages in continuous learning, adapts to new technologies, and contributes to service development initiatives for the MOST platform.

KEY RELATIONSHIPS

Internal	<ul style="list-style-type: none"> • Senior Clinicians • National Clinical Services Manager • Peer Workers • Career Consultants • Tech and IT team
External	<ul style="list-style-type: none"> • External CAMHS/ CYMHS services • MOST Users • Headspace services clinicians • Clinicians from all external services • Carers and Families

SPECIAL REQUIREMENTS

- After hours and weekend/public holiday work is required. **All shifts on weekdays are 12pm – 8pm.**
- Unrestricted right to live and work in Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- You may be required to travel to other Orygen’s sites for training and professional development, which are currently located in Melbourne and Brisbane.
- In line with government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.

SAFETY, HEALTH AND WELLBEING RESPONSIBILITIES

Employees are required to comply with all workplace health, safety and wellbeing policies and procedures of Orygen.

In addition, employees are expected to:

- Promote and demonstrate Orygen’s high standards in relation to health, safety and wellbeing, championing a culture of safety in the workplace.
- Take responsibility for their own safety, health and wellbeing and for their colleagues and others they work alongside, as far as they are able.
- Follow policies, training and guidelines related to Workplace health, safety and wellbeing, including reporting of unsafe work practices, incidents, hazards and near miss events.
- Be committed to promoting and protecting the safety and well-being of all children and young people and embedding safeguarding practices into all our programs and services.

ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name	[insert name]
Signature	[insert signature]
Date	[insert date]