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# CLINICAL TRAINING CALENDAR

2024

Orygen provides clinical training and service development support to clinicians and services working in youth mental health across Victoria. The Orygen Clinical Training (OCT) program provides a calendar of workshops that integrate research and best-practice approaches and have been developed by senior clinical educators with extensive experience working in Orygen's specialist programs of care.

We provide a range of workshops developed to cater for different levels of experience in the youth mental health workforce. Foundational Capabilities workshops have been developed for clinicians early in their careers, new to youth mental health or wanting a refresher, and focus on fundamental principles that are important across youth mental health. Enhanced Capabilities workshops have been developed for more experienced clinicians, working in specialist programmes who are wanting to build further skills and focus on specific client groups or techniques.

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## RELATIONAL FORMULATION: UNDERSTANDING COMPLEXITY

Wednesday 28 and Thursday 29 February, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Working with young people who are experiencing severe and complex mental health difficulties (including personality disorder and eating disorders) can be challenging for clinicians and multidisciplinary teams. These challenges can result in clinicians or teams feeling stuck, and to inadvertently colluding with maladaptive patterns. This two-day workshop will introduce a relational model to help reflect on, formulate and communicate such challenges, and promote more helpful responses to the young person's systems.

At the completion of this workshop, you will be able to:

- outline and describe a relational model for use in team discussions;
- describe core relational concepts and reflect on their impact on clinician responses;
- articulate helpful and unhelpful ways to respond in challenging situations; and
- use a template for mapping relational patterns.

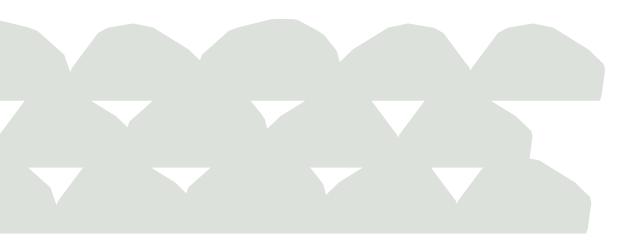
# UNDERSTANDING AND WORKING WITH AUTISM IN YOUNG PEOPLE

Monday 4 and Tuesday 5 March, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Autism spectrum disorder (ASD) may predispose a young person to experience mental health difficulties, and treatment often requires modification to meet the young person's needs, such as engagement, CBT skills and social interventions. This two-day workshop will explore the features of ASD in young people and discuss common comorbid mental health conditions and associated complexity in working with this group.

- identify the features of autism in young people, including gender differences and understand the role of screening tools and pathways for formal assessment;
- identify interpersonal and social challenges common in ASD;
- formulate how ASD might predispose a young person to experience mental health difficulties and specific suicide risk factors; and
- adapt therapeutic engagement, case formulation, and treatment planning to be autism-friendly; including involving families, modifying risk management and intervention skills.



### COGNITIVE BEHAVIOURAL THERAPY INTERVENTIONS FOR PSYCHOSIS

#### Monday 18 and Monday 25 March, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Cognitive behavioural interventions for psychosis have a strong evidence-base, and are recommended in most international treatment guidelines for this population. However, this treatment approach often requires adaptation when working with young people early in the course of psychosis. This two-day workshop will provide participants with an introduction to cognitive behavioural therapy (CBT) principles that can be used in working with young people experiencing psychotic disorders.

At the completion of this workshop you will be able to:

- describe the rationale and evidence-base for the CBT model in young people experiencing psychosis;
- complete a cognitive behavioural case formulation;
- identify strategies for effective psychoeducation; and
- describe how to work effectively and compassionately with people experiencing hallucinations and delusions.

## MENTAL HEALTH AND SUBSTANCE USE: WORKING WITH REALITY

#### Wednesday 20 March 2024

## Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Substance use difficulties are highly prevalent in young people experiencing mental health difficulties, and working effectively with these comorbidities is an important area of competence for clinicians. This one-day workshop will focus on effective work with young people experiencing comorbid substance use disorders, and will focus on evidence-based interventions, in addition to discussing clinical case examples.

At the conclusion of the workshop you will be able to:

- understand the impact of substance use disorders on mental health conditions;
- undertake a comprehensive assessment of substance use;
- describe the impact of various substances on a young person's mental health; and
- demonstrate awareness of how to intervene effectively with this group.

## UNDERSTANDING AND RESPONDING TO SUICIDE AND SELF HARM RISK IN YOUNG PEOPLE

Wednesday 17 and Thursday 18 April, 2024

## Foundational Capabilities Workshop -Skills, Principles

#### Location: Orygen Parkville

Working with risk in young people presents complex challenges. You will learn and practice techniques from specific models such as the Chronological Assessment of Suicide Events (CASE) approach, and a risk formulation model that emphasises prevention over prediction. This two-day workshop will review contemporary concepts, and themes about working with suicide and self-harm and how they relate to working with young people with complex presentations.

At the completion of this workshop, you will be able to:

- describe the usefulness and limitations of risk assessment frameworks;
- apply skills of the CASE approach to exploring suicidal intent;
- document and communicate risk formulations and safety plans more effectively with young people, their families, and the broader system;
- apply risk prevention principles when working with challenging presentations; and
- reflect on the impact that working with suicide and self-harm can have on clinicians and teams.

## EARLY INTERVENTION FOR PERSONALITY DISORDER

Wednesday 1 and Thursday 2 May, 2024

#### Enhanced Capabilities Workshop - Skills Location: Online

Severe personality disorder (PD) or borderline personality disorder (BPD) is associated with significant morbidity and mortality, yet clinicians remain cautious and unclear of the rationale for early intervention in this population and find these young people challenging to work with. This twoday workshop will review the current evidence about PD in young people and present a best practice model of early intervention for young people with PD.

- describe the rationale for early intervention for PD in young people and apply evidence-based early intervention and relational principles;
- apply an evidence-based approach to working with families and friends of young people with PD; and
- more effectively work with the challenges that can arise, such as managing interpersonal challenges, risk and chronic self-harm.

## CASE MANAGEMENT FOR YOUTH MENTAL HEALTH

#### Monday 6 and Monday 13 May 2024

#### Foundational Capabilities Workshop -Principles, Skills Location: Orygen Parkville

Over the past 25 years, early intervention in youth mental health has amassed a substantial body of evidence, and it is important that clinicians translate this evidence base into their clinical practice to promote recovery outcomes in young people. This two-day workshop will provide an overview of the rationale and evidence behind this approach and introduce the core skills and interventions necessary to intervene and provide care to young people who are experiencing severe and complex mental health difficulties.

At the completion of this workshop you will be able to:

- describe the evidence base behind early intervention for youth mental health;
- recognise the importance of engagement with young people, families and the system in the assessment and treatment of severe and complex mental health difficulties in young people;
- implement strategies for effective provision of psychoeducation.\;
- understand the importance of using a formulationbased approach to inform therapeutic interventions;
- explore and work with young people's individual explanatory models;
- identify and manage therapeutic ruptures;
- describe the core domains of functional recovery;
- implement a range of strategies to enable functional recovery; and
- understand the importance of physical health in mental health recovery.

## RELATIONAL FORMULATION: UNDERSTANDING COMPLEXITY

Tuesday 7 and Wednesday 8 May, 2024

#### Enhanced Capabilities Workshop - Skills Location: Online

Working with young people who are experiencing severe and complex mental health difficulties (including personality disorder and eating disorders) can be challenging for clinicians and multidisciplinary teams. These challenges can result in clinicians or teams feeling stuck, and to inadvertently colluding with maladaptive patterns. This two-day workshop will introduce a relational model to help reflect on, formulate and communicate such challenges, and promote more helpful responses to the young person's systems.

- outline and describe a relational model for use in team discussions;
- describe core relational concepts and reflect on their impact on clinician responses;
- articulate helpful and unhelpful ways to respond in challenging situations; and
- use a template for mapping relational patterns.



## CASE MANAGEMENT FOR EARLY PSYCHOSIS

#### Monday 20 May, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Over the past 25 years, early intervention in youth mental health has amassed a substantial body of evidence, and it is important that clinicians translate this evidence base into their clinical practice to promote recovery outcomes for young people and their families. This one-day workshop will provide an overview of the rationale and evidence behind this approach and introduce the core skills and interventions necessary to intervene and provide care to young people experiencing a first episode of psychosis (FEP).

At the completion of this workshop, you will be able to:

- describe the evidence base behind early intervention for psychosis;
- recognise the importance of engagement with young people and families in the assessment and treatment of FEP;
- implement strategies for effective provision of psychoeducation;
- understand the importance of using a formulationbased approach to inform therapeutic
- interventions;
- explore and work with young people's individual explanatory models; and
- identify and manage therapeutic ruptures.

# UNDERSTANDING AND WORKING WITH AUTISM IN YOUNG PEOPLE

Wednesday 5 and Thursday 6 June, 2024

#### Enhanced Capabilities Workshop - Skills Location: Online

Autism spectrum disorder (ASD) may predispose a young person to experience mental health difficulties, and treatment often requires modification to meet the young person's needs, such as engagement, CBT skills and social interventions. This two-day workshop will explore the features of autism spectrum disorder in young people and discuss common comorbid mental health conditions and associated complexity in working with this group.

- identify the features of autism in young people, including gender differences and understand the role of screening tools and pathways for formal assessment;
- identify interpersonal and social challenges common in ASD;
- formulate how ASD might predispose a young person to experience mental health difficulties and specific suicide risk factors; and
- adapt therapeutic engagement, case formulation, and treatment planning to be autism-friendly; including involving families, modifying risk management and intervention skills.



#### UNDERSTANDING AND RESPONDING TO SUICIDE AND SELF HARM RISK IN YOUNG PEOPLE

Wednesday 19 and Thursday 20 June, 2024

## Foundational Capabilities Workshop -Skills, Principles

Location: Online

Working with risk in young people presents complex challenges. You will learn and practice techniques from specific models such as the Chronological Assessment of Suicide Events (CASE) approach, and a risk formulation model that emphasises prevention over prediction. This two-day workshop will review contemporary concepts, and themes about working with suicide and self-harm and how they relate to working with young people with complex presentations.

At the completion of this workshop, you will be able to:

- describe the usefulness and limitations of risk assessment frameworks;
- apply skills of the CASE approach to exploring suicidal intent;
- document and communicate risk formulations and safety plans more effectively with young people, their families, and the broader system;
- apply risk prevention principles when working with challenging presentations; and
- reflect on the impact that working with suicide and self-harm can have on clinicians and teams.



Wednesday 26 June, 2024

## Enhanced Capabilities Workshop -Skills, Principles

Location: Orygen Parkville

Historic conceptualisations and research in clinical populations observe the co-occurrence of psychotic symptoms and personality disorder (PD) features. There continues to be controversy and debate regarding this co-occurrence and attitudes and the language used by health professionals can be unhelpfully binary and stigmatising. Services and clinicians also find themselves navigating the dilemmas and principles of treatment for young people with both psychotic symptoms and PD features.

At the completion of this one-day workshop, you will be able to:

- describe the current evidence on the co-occurrence of PD and psychosis;
- have an understanding of the early intervention principles and models of care for PD; and
- have gained knowledge on the application of principles in formulating, screening and assessment for personality disorders and psychotic symptoms, pharmacological management and managing risk to self.

## INCLUDING FAMILY, CARERS AND SUPPORTERS IN YOUTH MENTAL HEALTH WORK

Tuesday 16 July, 2024

## Foundational Capabilities Workshop -Skills, Principles

Location: Orygen Parkville

A diagnosis of a mental health difficulty can be traumatising and stigmatising for families and they can subsequently feel burdened, stressed and overwhelmed. Family work can enhance family involvement and support and enhance engagement with services whilst also reducing family/carer stress. This one-day workshop will provide participants with practical skills and knowledge to apply to working with families of young people experiencing psychosis.

At the end of the workshop, you will be able to:

- articulate the rationale for family work in the context of a young person's mental health treatment;
- reflect on challenges and constraints that may arise when implementing family work with this complex client group; and
- apply practical strategies to engage families, particularly early in their young person's treatment.



## INTRODUCTION TO COGNITIVE BEHAVIOURAL THERAPY (CBT) FOR YOUTH MENTAL HEALTH CLINICIANS

Thursday 25 July, 2024

## Foundational Capabilities Workshop -Skills, Principles

#### Location: Orygen Parkville

Cognitive Behavioural Therapy (CBT) has a demonstrated evidence-base across a wide range of mental health conditions affecting young people. This one-day workshop will provide an introduction to common unhelpful thinking patterns experienced by young people seeking care from mental health services, and describe ways that clinicians can work with this population to reduce associated distress.

At the completion of this workshop, you will be able to:

- describe Mooney & Padesky's (1990) model integrating biology, thought, mood, and behaviour;
- recognise common, unhelpful thinking patterns experienced by young people seeking tertiary mental health care; and
- articulate interventions to reduce distress associated with unhelpful thinking patterns common across a number of mental health conditions.

#### RELATIONAL FORMULATION: UNDERSTANDING COMPLEXITY

Wednesday 31 July and Thursday 1 August, 2024

### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Working with young people who are experiencing severe and complex mental health difficulties (including personality disorder and eating disorders) can be challenging for clinicians and multidisciplinary teams. These challenges can result in clinicians or teams feeling stuck, and to inadvertently colluding with maladaptive patterns. This two-day workshop will introduce a relational model to help reflect on, formulate and communicate such challenges, and promote more helpful responses, to the young person's systems.

At the completion of this workshop, you will be able to:

- outline and describe a relational model for use in team discussions;
- describe core relational concepts and reflect on their impact on clinician responses;
- articulate helpful and unhelpful ways to respond in challenging situations; and
- use a template for mapping relational patterns.

## UNDERSTANDING AND RESPONDING TO SUICIDE AND SELF HARM RISK IN YOUNG PEOPLE

Wednesday 7 and Thursday 8 August, 2024

## Foundational Capabilities Workshop -Skills, Principles

Location: Orygen Parkville

Working with risk in young people presents complex challenges. You will learn and practice techniques from specific models such as the Chronological Assessment of Suicide Events (CASE) approach, and a risk formulation model that emphasises prevention over prediction. This two-day workshop will review contemporary concepts, and themes about working with suicide and self-harm and how they relate to working with young people with complex presentations.

- describe the usefulness and limitations of risk assessment frameworks;
- apply skills of the CASE approach to exploring suicidal intent;
- document and communicate risk formulations and safety plans more effectively with young people, their families, and the broader system;
- apply risk prevention principles when working with challenging presentations; and
- reflect on the impact that working with suicide and self-harm can have on clinicians and teams.



#### EARLY INTERVENTION FOR PERSONALITY DISORDER

#### Wednesday 14 and Thursday 15 August, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Severe personality disorder (PD) or borderline personality disorder (BPD) is associated with significant morbidity and mortality, yet clinicians remain cautious and unclear of the rationale for early intervention in this population and find these young people challenging to work with. This twoday workshop will review the current evidence about PD in young people and present a best practice model of early intervention for young people with PD.

At the completion of this workshop, you will be able to:

- describe the rationale for early intervention for PD in young people and apply evidence-based early intervention and relational principles;
- understand how stigma can impact service responses to young people with PD;
- identify PD in young people and apply an evidencebased approach to working with families and friends of young people with PD; and
- more effectively work with the challenges that can arise, such as managing interpersonal challenges, risk and chronic self-harm.

## COGNITIVE BEHAVIOURAL THERAPY INTERVENTIONS FOR PSYCHOSIS

Monday 19 and Monday 26 August, 2024

#### Enhanced Capabilities Workshop - Skills Location: Online

Cognitive behavioural interventions for psychosis have a strong evidence-base, and are recommended in most international treatment guidelines for this population. However, this treatment approach often requires adaptation when working with young people early in the course of psychosis. This two-day workshop will provide participants with an introduction to cognitive behavioural therapy (CBT) principles that can be used in working with young people experiencing psychotic disorders.

At the completion of this workshop, you will be able to:

- describe the rationale and evidence-base for the CBT model in young people;
- complete a cognitive behavioural case formulation;
- identify strategies for effective psychoeducation; and
- describe how to work effectively and compassionately with people experiencing hallucinations and delusions.

## INTRODUCTION TO COGNITIVE BEHAVIOURAL THERAPY (CBT) FOR YOUTH MENTAL HEALTH CLINICIANS

Thursday 12 September, 2024

#### Foundational Capabilities Workshop -Skills, Principles Location: Online

Cognitive Behavioural Therapy (CBT) has a demonstrated evidence-base across a wide range of mental health conditions affecting young people. This one-day workshop will provide an introduction to common unhelpful thinking patterns experienced by young people seeking care from mental health services and describe ways that clinicians can work with this population to reduce associated distress.

- describe Mooney & Padesky's (1990) model integrating biology, thought, mood, and behaviour;
- recognise common, unhelpful thinking patterns experienced by young people seeking tertiary mental health care; and
- articulate interventions to reduce distress associated with unhelpful thinking patterns common across a number of mental health conditions.

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## WORKING WITH YOUNG PEOPLE FROM REFUGEE AND ASYLUM SEEKER BACKGROUNDS

#### Thursday 19 September, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Despite people of refugee and asylum seeker backgrounds having disproportionate vulnerabilities for mental health difficulties and distress, and being subject to other social inequities, these groups access mental health care at lower rates to their non-refugee peers. This one-day workshop will support participants to reduce barriers to access, and increase awareness of potential enablers to providing responsive and equitable mental health care.

At the completion of this workshop you will be able to:

- understand the significance of forced migration and settlement and gather relevant information for practice;
- understand more about risk and protective factors during settlement;
- identify barriers and enablers to accessing mental health and wellbeing care for this group;
- understand the role health literacy plays in crosscultural engagement and methods to foster a health literate environment;
- complete a cultural formulation Interview and practice using it during the workshop; and
- recognise the importance of trauma informed principles of practice and their application.

## CASE MANAGEMENT FOR YOUTH MENTAL HEALTH

Monday 7 and Monday 14 October, 2024

#### Foundational Capabilities Workshop -Principles, Skills Location: Online

Over the past 25 years, early intervention in youth mental health has amassed a substantial body of evidence, and it is important that clinicians translate this evidence base into their clinical practice to promote recovery outcomes in young people. This two-day workshop will provide an overview of the rationale and evidence behind this approach and introduce the core skills and interventions necessary to intervene and provide care to young people who are experiencing severe and complex mental health difficulties.

- describe the evidence base behind early intervention for youth mental health;
- recognise the importance of engagement with young people and families in the assessment and treatment of severe and complex mental health difficulties in young people;
- implement strategies for effective provision of psychoeducation;
- understand the importance of using a formulationbased approach to inform therapeutic interventions;
- explore and work with young people's individual explanatory models;
- identify and manage therapeutic ruptures;
- describe the core domains of functional recovery;
- implement a range of strategies to enable functional recovery; and
- understand the importance of physical health in mental health recovery.



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#### MENTAL HEALTH AND SUBSTANCE USE: WORKING WITH REALITY

#### Thursday 10 October, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Young people experiencing mental ill-health often encounter a high prevalence of issues related to substance use. Working effectively with these comorbidities is an important area of competence for clinicians. This one-day workshop will focus on effective work with young people experiencing comorbid substance use disorders, and will focus on evidence-based interventions, in addition to discussing clinical case examples.

At the conclusion of the workshop you will be able to;

- understand the impact of substance use disorders on mental health conditions;
- undertake a comprehensive assessment of substance use;
- describe the impact of various substances on a young person's mental health; and
- demonstrate awareness of how to intervene effectively with this group.

## RELATIONAL FORMULATION: UNDERSTANDING COMPLEXITY

Tuesday 22 and Wednesday 23 October, 2024

## Enhanced Capabilities Workshop - Skills Location: Online

Working with young people who are experiencing severe and complex mental health difficulties (including personality disorder and eating disorders) can be challenging for clinicians and multidisciplinary teams. These challenges can result in clinicians or teams feeling stuck, and to inadvertently colluding with maladaptive patterns. This two-day workshop will introduce a relational model to help reflect on, formulate and communicate such challenges, and promote more helpful responses, to the young person's systems.

At the completion of this workshop, you will be able to:

- outline and describe a relational model for use in team discussions;
- describe core relational concepts and reflect on their impact on clinician responses;
- articulate helpful and unhelpful ways to respond in challenging situations; and
- use a template for mapping relational patterns.

# UNDERSTANDING AND WORKING WITH AUTISM IN YOUNG PEOPLE

Wednesday 30 and Thursday 31 October, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Autism spectrum disorder (ASD) may predispose a young person to experience mental health difficulties, and treatment often requires modification to meet the young person's needs, such as engagement, CBT skills and social interventions. This two-day workshop will explore the features of autism spectrum disorder in young people and discuss common comorbid mental health conditions and associated complexity in working with this group.

- identify the features of autism in young people, including gender differences and understand the role of screening tools and pathways for formal assessment;
- identify interpersonal and social challenges common in ASD;
- formulate how ASD might predispose a young person to experience mental health difficulties and specific suicide risk factors; and
- adapt therapeutic engagement, case formulation, and treatment planning to be autism-friendly; including involving families, modifying risk management and intervention skills.



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#### UNDERSTANDING AND RESPONDING TO SUICIDE AND SELF HARM RISK IN YOUNG PEOPLE

Tuesday 12 and Wednesday 13 November, 2024

## Foundational Capabilities Workshop -Skills, Principles

#### Location: Orygen Parkville

Working with risk in young people presents complex challenges. You will learn and practice techniques from specific models such as the Chronological Assessment of Suicide Events (CASE) approach, and a risk formulation model that emphasises prevention over prediction. This two-day workshop will review contemporary concepts, and themes about working with suicide and self-harm and how they relate to working with young people with complex presentations.

At the completion of this workshop, you will be able to:

- describe the usefulness and limitations of risk assessment frameworks;
- apply skills of the CASE approach to exploring suicidal intent;
- document and communicate risk formulations and safety plans more effectively with young people, their families, and the broader system;
- apply risk prevention principles when working with challenging presentations; and
- reflect on the impact that working with suicide and self-harm can have on clinicians and teams.

## EARLY INTERVENTION FOR PERSONALITY DISORDER

Wednesday 20 and Thursday 21 November, 2024

#### Enhanced Capabilities Workshop - Skills Location: Orygen Parkville

Severe personality disorder (PD) or borderline personality disorder (BPD) is associated with significant morbidity and mortality, yet clinicians remain cautious and unclear of the rationale for early intervention in this population and find these young people challenging to work with. This twoday workshop will review the current evidence about PD in young people and present a best practice model of early intervention for young people with PD.

- describe the rationale for early intervention for PD in young people and apply evidence-based early intervention and relational principles;
- understand how stigma can impact service responses to young people with PD;
- identify PD in young people, and apply an evidencebased approach to working with families and friends of young people with PD; and
- more effectively work with the challenges that can arise, such as managing interpersonal challenges, risk and chronic self-harm.



#### **REGISTRATION DETAILS**

To register for our training please **visit the Orygen website**.

#### Fees

An administrative fee is charged to mental health clinicians working within Victoria at \$50.00 per day. Those working in private practice or working outside Victoria will be charged \$220.00 per day of training.

#### Mode of delivery

Some workshops will be run online (via Zoom) and some will be delivered in-person. Unfortunately, we cannot offer any hybrid training (both in-person and online together).

#### Venue

All in-person workshops will be held in the Orygen Colonial Foundation Innovation Centre, 35 Poplar Road, Parkville 3052. Paid parking is available on site and at the Melbourne Zoo nearby. Please check parking limitations carefully.

#### **Handouts and Zoom link**

All important information (including Zoom link if relevant) will be emailed to participants prior to the start of each workshop.

#### Times

Training days run from 9:30am – 4:30pm (unless otherwise indicated). Please arrive or log on at 9.15am, ready for a prompt start at 9.30am.

#### Catering

A light lunch, tea and coffee will be provided for in-person training workshops. Orygen will make reasonable attempts to accommodate dietary preferences when we are informed of these at the time of registration.

#### Accessibility

Please let us know if you have any accessibility requirements to support your participation.

#### Cancellation

Please note, our workshops are popular and are often oversubscribed. If you're unable to attend the full workshop, we request that you cancel your registration as soon as possible to allow others the chance to attend in your place. The Eventbrite booking system can provide a full refund if you cancel no later than one week prior to the event. Cancellations less than 48 hours before the starting time are considered late and will not be refunded.

#### Certificate

Following completion of the workshop a certificate of attendance can be supplied to attendees who sign the attendance sheet. In order to provide a certificate of attendance following online training, participants will need to have engaged in the full workshop, with their camera on.

# Resources, consultation or clinical workforce development

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Orygen provides a range of consultation and service development supports to mental health clinicians working with young people. Orygen can provide clinical training packages or bespoke training tailored to your service in your region. Please <u>visit our website</u> or **contact us** for further information.

#### COVID-19

The availability of in-person training will depend on advice from the Victorian Department of Health and Human Services and Orygen guidelines. Any changes to rules or restrictions (e.g. about wearing masks and social distancing on site) or move from in-person to online delivery will be communicated as soon as possible.



Orygen acknowledges the Traditional Owners of the lands we are on and pays respect to their Elders past and present. Orygen recognises and respects their cultural heritage, beliefs and relationships to Country, which continue to be important to the First Nations people living today.

## REVOLUTION IN MIND • r y gen



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