



Rising to the Challenge: Creating Mental Health Services for Young People with Complex Needs

Day 1 (19 March 2019)

TIME	SESSION		SPEAKER
8:00am	Registrations open		
9:00am	Welcome to Country		
9:20am	Order of the day	Sara James Symposium MC	
9:25am	Keynote Integrating mental health services for young people with complex needs	Professor Patrick McGorry AO Executive Director at Orygen, The National Centre of Excellence in Youth Mental Health	
10.10am	Keynote Mental health services for culturally and linguistically diverse young people	Swathi Shanmukhasundaram Ali Noura Asanga Seneviratne Centre for Multicultural Youth (CMY)	
10:30am	Keynote Personality disorder: practical solutions to a complex problem	Professor Andrew Chanen Director of Clinical Services at Orygen Youth Health	
11.00am	Morning Tea		
11.30am	Concurrent session 1: Co-design with young people	Concurrent session 2: Vocational and functional recovery	Concurrent session 3: Involving and working with families
	ROOM: PENINSULA C	ROOM: SKETCH	ROOM: SUMAC
	<i>Co-design and valuing lived experience as expertise</i> Morgan Cataldo, Senior YLab Associate, YLab Duration: 40 mins	<i>Why invest in vocational recovery?</i> Professor Eóin Killackey, Head, Functional Recovery in Youth Mental Health, Orygen, The	<i>Complexity and the role of family work; practice-based learning from headspace centres in the North and West of Melbourne</i>

		National Centre of Excellence in Youth Mental Health Duration: 30 mins	Jan Giffin , Senior clinician – Family Inclusive Practice, headspace Glenroy Duration: 20 mins
	<i>#chatsafe: developing guidelines for safe communication on social media about suicide</i> Professor Jo Robinson , Associate Professor and head of suicide prevention, Orygen, The National Centre of Excellence in Youth Mental Health Duration: 20 mins	<i>Implementation of IPS in youth mental health primary care setting</i> Gina Chinnery , National Vocational Services Manager, Orygen, The National Centre of Excellence in Youth Mental Health Duration: 30 mins	<i>The role of family work: the rural experience – opportunities and challenges</i> Suzanne Fuzzard , Clinical Lead, headspace Murray Bridge Duration: 20 mins
			<i>RISE – School Refusal Program: learnings from the family peer work model</i> Christina Molina , Clinical Lead EACH/headspace Dandenong & Narre Warren Duration: 20 mins
	Q&A: 15 mins	Q&A: 15 mins	Q&A: 15 mins
12:45pm	Lunch		
1:45pm	Concurrent session 4: Young people and trauma	Concurrent session 5: Eating disorders	Concurrent session 6: Mental health and drug & alcohol
	ROOM: PENINSULA C	ROOM: SKETCH	ROOM: SUMAC
	<i>Implementation of trauma-informed care</i> Dr Sarah Bendall , Senior Research Fellow, Orygen, The National Centre of Excellence in Youth Mental Health Duration: 20 mins	<i>Innovation in eating disorder treatment</i> Dr Paul Denborough , Clinical Director, Alfred Child and Youth Mental Health Services Duration: 20 mins	<i>[Title TBC]</i> Andrew Bruun , CEO, Youth Support and Advocacy Service (YSAS) Duration: 20 mins
	<i>XRT program</i> Carlye Weiner , Senior Clinician - Clinical Psychologist, YSAS/headspace Frankston Duration: 20 mins	<i>[Title TBC]</i> Dr Helen Rydge , Clinical Psychologist, InsideOut: Institute for Eating Disorders Duration: 20 mins	<i>Youth Severe (CARES headspace Griffith)</i> Sharron Dean , Centre Manager, and Rebecca Zillionis , Youth Severe counsellor, headspace Griffith Duration: 20 mins
<i>TERN program</i> Kirsten Seymour , Centre Manager, headspace Townsville Duration: 20 mins	<i>[Title TBC]</i> Tina Sinclair , Acting Head of Clinical Services, The Butterfly Foundation Duration: 20 mins	<i>Flexible and Tailored Support for Young People with Dual Diagnosis</i> Joel Robins , Mental Health & AOD Manager, Eastern Melbourne PHN and Thea Geddes & Hugh Rabinovici , Neami National	

			Duration: 20 mins
	Q&A: 15 mins	Q&A: 15 mins	Q&A: 15 mins
3:00pm	Afternoon Tea		
3.30pm	Keynote Evaluation of the PHN mental health reform: Lead Site Project	Dr Bridget Bassilios Senior Research Fellow at the Centre for Mental Health, University of Melbourne	
4.00pm	Keynote Developing a more child and young person- centred mental health system: the UK experience (TBC) (Video)	Professor Miranda Wolpert MBE (UK) Co-Founder and Director of the Child Outcomes Research Consortium	
4:30pm	Panel discussion What does success look like in youth mental health?	Kiera Mansfield General Manager Service Innovation at South Eastern Melbourne PHN Dr Paul Fung Clinical Lead at Karrikin Youth Mental Health Service Associate Professor Rosemary Purcell Director of Research at Orygen, The National Centre of Excellence in Youth Mental Health Niharika Hiremath & Ally Finnis headspace Youth National Reference Group (hY NRG)	
5:30pm – 7pm	Networking Drinks		

Day 2 (20 March 2019)

TIME	SESSION	SPEAKER
8:30am	Welcome tea and coffee	
9:00am	Keynote Youth mental health – the next wave	Professor Ian Hickie Co-Director, Health and Policy at Brain and Mind Centre, University of Sydney
9.30am	Keynote eOrygen projects	Professor Mario Alvarez-Jimenez Director, eOrygen at Orygen, The National Centre of Excellence in Youth Mental Health

10:00am	Keynote Project Synergy	Dr Shane Cross Director of Clinical and Service Implementation, InnoWell	
10.30am	Morning Tea		
11:00am	Concurrent session 7: e-mental health in practice	Concurrent session 8: Engaging young people in e-mental health	Concurrent session 9: Models of telehealth in youth mental health
	ROOM: PENINSULA C	ROOM: SKETCH	ROOM: SUMAC
	<i>The role of eHealth interventions in mental health and addictions treatment (TBC)</i>	<i>Participatory Design as a Research Methodology: Designing Together Really is Better</i>	<i>headspace telehealth - supporting local capacity building</i>
	Professor Frances Kay-Lambkin, NHMRC Senior Research Fellow, University of Newcastle Duration: 30 mins	Dr Haley LaMonica, InnoWell Duration: 20 mins	Rose Griffiths, Telehealth Service Manager, headspace National Duration: 20 mins
	<i>Key learnings and findings from the implementation of a service quality enhancing technology in 5 headspace services</i>	<i>eOrygen presents: online peer work in youth mental health; stories, learnings and advice</i>	<i>One size never fits all: digital health options for young people</i>
Dr Shane Cross, Director of Clinical and Service Implementation, InnoWell Duration: 30 mins	Jess Phillips, Peer Work Coordinator, Connor Widdicombe, Peer Worker, and Olivia Howat, Peer Worker, eOrygen Duration: 20 mins	Tania Manser, Mental Health & AOD Manager, Country SA PHN Duration: 20 mins	
	<i>Kids Helpline Circles: a secure national mental health social network</i>	<i>Establishing telepsychiatry services</i>	
	Dr Andrew Campbell, University of Sydney John Dagleish, Kids Helpline Duration: 20 mins	Alison Bradley, Mental Health Manager, Coordinare Duration: 20 mins	
	Q&A: 15 mins	Q&A: 15 mins	Q&A: 15 mins
12:15pm	Lunch		
1:15pm	Panel discussion Where to from here?	<p>Professor Mario Alvarez-Jimenez Director, eOrygen at Orygen, The National Centre of Excellence in Youth Mental Health</p> <p>Dr Shane Cross Director of Clinical and Service Implementation, InnoWell</p> <p>Professor Frances Kay-Lambkin University of Newcastle</p>	

		<p>TBC Centre for Multicultural Youth (CMY)</p> <p>Maria Bilal Orygen Youth Advisory Council member</p>
1:55pm	Closing remarks	<p>Professor Patrick McGorry AO Executive Director at Orygen, The National Centre of Excellence in Youth Mental Health</p>
2:15pm	Close	