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## ENHANCED ACCESS TO MENTAL HEALTH (IN SECONDARY SCHOOLS) CLINICIAN

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SEPTEMBER 2024

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### POSITION SUMMARY

Location:	headspace Glenroy		
Functional area:	Primary Clinical Services		
Classification/ Salary:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 1 – 2 + 11% super + access to \$15,900 NFP salary packaging		
Job level:	Level 2		
Reports to:	Clinical Services Manager		
Employment type:	Part time (0.4FTE)		
Employment length:	Ongoing, subject to funding		
Direct reports	0	Indirect reports	0

### POSITION PURPOSE STATEMENT

The Enhanced Access to Mental Health in Schools Clinician is part of a multidisciplinary approach to mental health care for young people. The incumbent is responsible for providing clinical triage, intake, advice, support, advocacy, assessment, and brief intervention services in order to enhance the physical and mental health outcomes of young people with mental health conditions living in the community.

The Enhanced Access to Mental Health in Schools Clinician may also support the planning, delivery and evaluation of community awareness, education initiatives aligned to this program. With support, some in reach (on location at schools) may also be required.

#### About headspace

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental disorders emerge before the age of 25 years.

## POSITION FOCUS

	Key responsibility area	Percentage
1	Clinical Delivery	60%
2	Stakeholder Engagement	20%
3	Administration	15%
4	Other	5%

## POSITION KEY RESPONSIBILITY AREAS

<p><b>1. Clinical Delivery</b></p> <ul style="list-style-type: none"> <li>• Work under the direction of the Clinical Services Manager and Senior Access Clinician to provide comprehensive youth-friendly mental health services.</li> <li>• Work with an appropriate level of autonomy as part of a multi-disciplinary team and maintain a clinical case load as required to meet program targets.</li> <li>• With regular supervision, provide clinical psychological assessment, formulation and individual intervention for a variety of mental health issues to young persons referred to headspace.</li> <li>• Maintain a family inclusive approach to supporting young people and their families.</li> <li>• Provide effective written and verbal feedback to referrers, young persons, carers and families, in accordance with headspace and Orygen, The Centre of Excellence in Youth Mental Health's policies and appropriate industry and/or discipline Code and Ethics.</li> <li>• Liaise with General Practitioners, psychiatrist, social workers, teachers, and educational well-being officers, as well as other service providers regarding the referral for psychological services and to facilitate a coordinated care for the young person.</li> <li>• Participate in regular clinical case review meetings and multi-disciplinary team meetings to ensure appropriate, consistent, and coordinated service pathways and service delivery response for young people and their families/carers.</li> <li>• Participate in and promote research and evaluation projects conducted at the headspace Centre and across Orygen.</li> </ul> <p><b>2. Consultation</b></p> <ul style="list-style-type: none"> <li>• Attend and engage with clinical supervision and development as required.</li> <li>• Effectively communicate with all key stakeholders providing appropriate coordination, liaison, and referral as appropriate for those students</li> <li>• Support youth and family/carer participation at the Centre.</li> </ul> <p><b>3. Administration</b></p> <ul style="list-style-type: none"> <li>• Maintain accurate, up to date and timely patient records that accurately reflect clinical consultations and decisions including diagnosis, treatment plans, complications, co-morbidities, and reports.</li> <li>• Complete appropriate reporting requirements/documentation including but not limited to HAPI services for every booked consultation, including when the young person does not attend, and any other data requirements as directed.</li> <li>• Maintain appropriate data and participation in reporting requirements to the Department of Education (DET) and Northwestern Primary Health Network (NWPHN).</li> </ul> <p><b>4. Other</b></p> <ul style="list-style-type: none"> <li>• Attend case conferences, peer review meetings and seminars pertaining to role.</li> <li>• Attend relevant training, professional development, and supervision activities to ensure best clinical practice.</li> <li>• Meet any required program targets as provided by the Senior Clinician/Clinical Lead in accordance with the program contract with the Department of Education.</li> <li>• Stay up to date with developments in research and clinical practice guidelines pertinent to the clinical population and practice area of this role.</li> </ul>
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- Comply with and support others to comply with Orygen’s policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse, and inclusive.
- The role may incorporate other headspace related activities and responsibilities as directed by the Clinical Services Manager or Senior Access Clinician.

## EDUCATION / QUALIFICATIONS

Essential	<ul style="list-style-type: none"> <li>• Approved tertiary qualification in a relevant discipline (Psychology, Social Work, Occupational Therapy, Nursing).</li> <li>• Full general registration with AHPRA or eligibility for membership of AASW.</li> </ul>
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## EXPERIENCE / SKILLS

Experience / skills	<ul style="list-style-type: none"> <li>• Passion, energy, and determination to make a difference to health outcomes for young people.</li> <li>• Demonstrated ability to determine and plan the provision of mental health care, including completion of mental health assessments; risk assessments and crisis intervention/safety planning; psychoeducation and short-term/brief interventions including single session thinking to young people experiencing mental health and/or substance use problems.</li> <li>• The ability and experience to work with a family inclusive framework in mind in supporting young people attending the Centre for support.</li> <li>• Demonstrated experience and ability to determine and plan for a young person’s recovery and support needs, employing a share decision making approach.</li> <li>• Demonstrated a sound ability to make decisions, problem solve, and risk manage, in relation to conducting intake and assessments and determining a young person’s suitability for ongoing treatment/support services at the Centre.</li> <li>• Excellent written and verbal communication skills, and ability to liaise and build relationships with internal and external stakeholders.</li> <li>• Competent communication skills and demonstrated ability to liaise effectively with other professionals including GP’s, student wellbeing staff at schools etc.</li> <li>• Demonstrated ability to work effectively in a multi-disciplinary team.</li> <li>• Understanding of all key legislation and translation of such within health and school settings.</li> <li>• Commitment to supporting clinical research within the service.</li> <li>• Competence regarding information technology, software packages and willingness to be trained and implement data collection and clinical record software.</li> <li>• Previous experience working in a health setting assisting young people to access gender affirming healthcare.</li> <li>• Understanding of child and adolescent development and ability to practice from a developmental perspective.</li> <li>• Understanding of systemic thinking, community awareness and the lived experience perspective.</li> <li>• Some experience in the provision of community awareness/development activities.</li> <li>• Some experience in the planning, provision, and evaluation of group-based interventions for young people and their families/carers.</li> <li>• Experience working with First Nations and other Culturally diverse young people and their families.</li> <li>• Experience in working with LGBTIQ+ communities.</li> <li>• Knowledge of the State Secondary School System and environment.</li> </ul>
Personal attributes	<ul style="list-style-type: none"> <li>• A professional demeanour and caring and ethical approach to clinical practice.</li> <li>• A commitment to providing culturally safe and equitable health care to First Nations Young people and their families.</li> </ul>

	<ul style="list-style-type: none"> <li>• To participate in Centre based activities that promote strategies that work towards closing the gap.</li> <li>• Demonstrate appropriate professional judgement and behaviour within the working environment.</li> <li>• Understanding and ability to work with a diverse and multi-cultural community, including being able to work with interpreters effectively for the purpose of mental health assessment and psychological support.</li> <li>• A commitment to trauma informed practices, culturally safe practices and gender affirming practices in your work with young people and their families. A commitment to building and developing your skills in all these domains that meet the diverse needs of a multi-cultural community.</li> <li>• A respectful and sensitive approach to colleagues, other professionals, and to young people and their families.</li> <li>• Well-developed engagement skills with young people, families/carers and wider systems involved with a young person.</li> <li>• Ability to model flexibility in complex, stressful, changing and/or ambiguous situations and when confronted with obstacles.</li> <li>• Well-developed time management skills to balance competing and conflicting priorities.</li> <li>• Ability to liaise within a multidisciplinary team environment and other health providers in a professional manner.</li> <li>• Ability to establish and maintain effective and healthy working partnerships with internal and external stakeholders.</li> <li>• Eagerness to learn and build professional capacity.</li> </ul>
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## KEY RELATIONSHIPS

Internal	<ul style="list-style-type: none"> <li>• Clinical Services Manager</li> <li>• Senior leadership team.</li> <li>• Peer support worker team (youth and family)</li> <li>• Individual Placement Support team.</li> <li>• GP's and the Trans and Gender Diverse team.</li> <li>• Co located service providers at the centre.</li> </ul>
External	<ul style="list-style-type: none"> <li>• Schools and their wellbeing teams.</li> <li>• GP's in the local area making referrals to the centre.</li> <li>• External referrers from other youth services.</li> <li>• Young people and their families.</li> </ul>

## SPECIAL REQUIREMENTS

<ul style="list-style-type: none"> <li>• Unrestricted right to live and work in Australia.</li> <li>• A current National Police Check will be required.</li> <li>• Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.</li> <li>• Successful applicants will be required to provide proof of COVID-19 vaccination prior to commencement.</li> <li>• You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.</li> <li>• A current Victorian driver's licence.</li> </ul>
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- In line with government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.
- Our headspace sites operate after 5pm multiple times a week, availability to work across rotating shifts required.

### SAFETY, HEALTH AND WELLBEING RESPONSIBILITIES

Employees are required to comply with all workplace health, safety and wellbeing policies and procedures of Orygen.

In addition, employees are expected to:

- Promote and demonstrate Orygen’s high standards in relation to health, safety and wellbeing, championing a culture of safety in the workplace.
- Take responsibility for their own safety, health and wellbeing and for their colleagues and others they work alongside, as far as they are able.
- Follow policies, training and guidelines related to Workplace health, safety and wellbeing, including reporting of unsafe work practices, incidents, hazards and near miss events.
- Be committed to promoting and protecting the safety and well-being of all children and young people and embedding safeguarding practices into all our programs and services.

### ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name	
Signature	
Date	