

YOUNG PEOPLE YOUR RIGHTS AND RESPONSIBILITIES AT ORYGEN

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It's very important that you are aware of what your rights are as a consumer of mental health services at Orygen, and that you feel able to speak up if you don't feel they are being met.



You have the right to

- ✓ Be and feel physically and emotionally safe
- ✓ Be treated with respect and dignity
- ✓ Be spoken to in a respectful manner
- ✓ Have an opinion, express an opinion and be listened to
- ✓ Have your need for private time and space recognised
- ✓ Not be discriminated against
- ✓ Have access to an interpreter, as required
- ✓ Be respected with regard to the confidentiality and privacy of your information

Your responsibilities are

- ✓ To be aware of the rights of others
- ✓ To communicate openly and honestly
- ✓ To discuss changes in condition and treatment plans
- ✓ To discuss and clarify diagnosis and treatment
- ✓ To discuss and clarify side effects of treatment
- ✓ To work together to improve the effectiveness of treatment
- ✓ To provide feedback on the service and or care

You also have the right to

- ✓ Receive a copy of your rights, know your legal status - whether voluntary or involuntary - and have your rights explained so that you understand them
- ✓ Be informed of what is happening at all times and be involved in making decisions about your treatment and care
- ✓ Receive information and ask questions so that you are able to fully understand everything
- ✓ Know how to make suggestions, compliments and complaints and be assisted to do this if needed
- ✓ Request the assistance of an advocate



Orygen acknowledges the Traditional Owners of the lands we are on and pays respect to their Elders past and present. Orygen recognises and respects their cultural heritage, beliefs and relationships to Country, which continue to be important to the First Nations people living today.

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ORYGEN.ORG.AU

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