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## MENTAL HEALTH CLINICIAN - TARGETED PSYCHOLOGICAL SUPPORT STREAM

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**NOVEMBER 2024**

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### POSITION SUMMARY

Location:	Headspace Craigieburn		
Functional area:	Primary Clinical Services		
Classification/ Salary:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 1 - 2 pro rata + 11.5% super + access to \$15,900 NFP salary packaging		
Job level:	Level 2		
Reports to:	Clinical Services Manager		
Employment type:	Part to full time (0.6-1.0FTE)		
Employment length:	Contract until 30 June 2026		
Direct reports	-	Indirect reports	-

### POSITION PURPOSE STATEMENT

The Mental Health Clinician is part of our multidisciplinary approach to mental health care for young people. The incumbent is responsible for providing mental health intervention to young people aged 12-25 accessing headspace for support through our Targeted Psychological Support (TPS) service stream.

The Mental Health Clinician will work collaboratively with the broader team and will be responsible for providing psychological services to enhance the physical and mental health outcomes of young people.

#### **About headspace and Targeted Psychological Support (TPS)**

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental disorders emerge before the age of 25 years.

TPS is aimed towards people who present with moderate mental health concerns (approximately level 3 on the [IAR-DST](#)) that would benefit from psychological intervention. The model allows for up to 12 sessions of evidence-based psychological interventions per 12 months. TPS is part of our

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### REVOLUTION IN MIND

system of care, with a particular focus on providing access to counselling support for young people with a diagnosed mental illness or provisional diagnosis, who may not be able to afford fee-based services, or people who face additional structural barriers to accessing safe care, including priority population groups.

## POSITION FOCUS

	Key responsibility area	Percentage
1	Mental health services	70%
2	Stakeholder engagement	10%
3	Administration	10%
4	Other	10%

## POSITION KEY RESPONSIBILITY AREAS

<p><b>1. Mental health services</b></p> <ul style="list-style-type: none"> <li>• Work under the direction of the Clinical Services Manager and Senior Access Clinician to provide comprehensive youth-friendly mental health services.</li> <li>• With regular supervision, provide clinical psychological assessment, formulation and individual intervention for a variety of mental health issues to young persons referred to headspace.</li> <li>• Liaise with General Practitioners, psychiatrists, allied health, teachers, and educational well-being officers, as well as other service providers regarding the referral for psychological services and to facilitate coordinated care for the young person.</li> <li>• Participate in regular clinical case review meetings and multi-disciplinary team meetings to ensure appropriate, consistent and coordinated service pathways and service delivery response for young people and their families/carers.</li> </ul> <p><b>2. Stakeholder engagement</b></p> <ul style="list-style-type: none"> <li>• Liaison with internal and external stakeholders.</li> <li>• Provide effective written and verbal feedback to referrers, young persons, carers and families, in accordance with headspace and Orygen policies and the appropriate industry and/or discipline Code and Ethics.</li> <li>• Support youth and family/carer participation at the centre.</li> <li>• Effectively communicate with all key stakeholders, providing appropriate coordination, liaison and referral as appropriate for those students.</li> </ul> <p><b>3. Administration</b></p> <ul style="list-style-type: none"> <li>• Maintain accurate and timely electronic medical records.</li> <li>• Complete appropriate reporting requirements/documentation including but not limited to HAPI services for every booked consultation, including when the young person does not attend.</li> </ul> <p><b>4. Other</b></p> <ul style="list-style-type: none"> <li>• Demonstrate appropriate professional judgement, behaviour and autonomy within the working environment.</li> <li>• Participate in and promote research and evaluation projects conducted at the headspace centre.</li> <li>• Meet the required targets as stipulated by NWPHN.</li> <li>• The role may incorporate other headspace related activities and responsibilities as directed by the Clinical Services Manager or Senior Access Clinician.</li> <li>• Comply with and support others to comply with Orygen's policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse and inclusive.</li> </ul>
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## EDUCATION / QUALIFICATIONS

Essential	<ul style="list-style-type: none"> <li>• Approved tertiary qualifications in a relevant discipline (such as psychology, social work, occupational therapy).</li> <li>• For psychologists, must have full general registration with AHPRA.</li> <li>• Social workers must hold or be eligible for AASW Mental health accreditation.</li> <li>• Occupational Therapists must be registered with AHPRA, have Better Access endorsement or 2 years minimum experience in mental health to provide psychological services in the TPS stream.</li> </ul>
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## EXPERIENCE / SKILLS

Experience / skills	<ul style="list-style-type: none"> <li>• Appropriate to level of experience and with ongoing supervision able to demonstrate competence in provision of mental health care, including completion of mental health assessments; risk assessment and crisis intervention/safety planning; evidence based individual and group interventions to young people experiencing mental health and/or substance use problems.</li> <li>• Demonstrated ability to determine and plan for a young person's recovery and support needs, employing a shared decision-making approach.</li> <li>• Proven skills in decision-making, problem-solving and risk management, in order to demonstrate a sound ability to make decisions in relation to conducting intake and assessments and determining a young people's suitability for ongoing treatment/support services at the centre.</li> <li>• Excellent written and verbal communication skills.</li> <li>• Understanding of all key legislation and translation of such within health and school setting.</li> <li>• Competent communication skills and demonstrated ability to liaise effectively with other professionals including GP's, student wellbeing staff at schools, etc.</li> <li>• Be proficient in the use of Medical Director and Pracsoft Software specific to headspace Centre to record all client contact and to maintain accurate and comprehensive clinical notes of the psychological service rendered.</li> <li>• Working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and the literature underpinning such approaches.</li> <li>• Knowledge of substance use and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these.</li> <li>• Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.</li> <li>• A breadth of understanding of the different types of organisations involved in mental health and drug and alcohol service delivery to young people.</li> <li>• Have knowledge of and work within the headspace framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.</li> <li>• Some experience in the planning, provision and evaluation of group-based interventions for young people and their families/carers.</li> <li>• Competence regarding information technology, software packages and willingness to be trained and implement data collection and clinical record software.</li> </ul>
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Personal attributes	<ul style="list-style-type: none"> <li>• Passion, energy and determination to make a difference to health outcomes for young people.</li> <li>• Demonstrated ability to work effectively in a multi-disciplinary team.</li> <li>• Commitment to supporting clinical research within the service.</li> </ul>
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### KEY RELATIONSHIPS

Internal	<ul style="list-style-type: none"> <li>• Clinical Services Manager</li> <li>• Clinical and medical workforce</li> <li>• Peer workforce</li> <li>• Collocated Providers</li> </ul>
External	<ul style="list-style-type: none"> <li>• Northwest Primary Health Network</li> <li>• External GPs</li> <li>• School wellbeing teams</li> <li>• Community service providers</li> </ul>

### SPECIAL REQUIREMENTS

<ul style="list-style-type: none"> <li>• Unrestricted right to live and work in Australia.</li> <li>• A current National Police Check will be required.</li> <li>• Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.</li> <li>• You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.</li> <li>• A current Victorian driver's license (desirable)</li> <li>• In line with government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.</li> <li>• <b>Our headspace sites operate after 5pm multiple times a week, availability to work across rotating shifts required.</b></li> </ul>
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### SAFETY, HEALTH AND WELLBEING RESPONSIBILITIES

<p>Employees are required to comply with all workplace health, safety and wellbeing policies and procedures of Orygen.</p> <p>In addition, employees are expected to:</p> <ul style="list-style-type: none"> <li>• Promote and demonstrate Orygen's high standards in relation to health, safety and wellbeing, championing a culture of safety in the workplace.</li> <li>• Take responsibility for their own safety, health and wellbeing and for their colleagues and others they work alongside, as far as they are able.</li> <li>• Follow policies, training and guidelines related to Workplace health, safety and wellbeing, including reporting of unsafe work practices, incidents, hazards and near miss events.</li> <li>• Be committed to promoting and protecting the safety and well-being of all children and young people and embedding safeguarding practices into all our programs and services.</li> </ul>
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### ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name	
Signature	

Date	